



YOUTH PROGRAMS WELLNESS POLICY

YMCA of Greater Charlotte

For the safety and well-being of all children and staff, the following health and wellness guidelines will be strictly enforced in all youth programs. Please do not send your child to programs when they are sick. If a child develops symptoms of illness while in our care, a family member/guardian will be notified and will need to pick up their child immediately.

Children who have the following symptoms should remain at home until they are symptom free for a full 24 hours without the use of medication or unless a written note from the child's physician is provided, stating that the symptoms are not contagious and the child can attend programming:

- Fever (temperature of 100.4 degrees Fahrenheit or higher)
- Vomiting
- Diarrhea
- Sore throat
- Undiagnosed rash, sore, or other skin condition
- Head lice
- Continuous and/or colored drainage from nose or eyes
- Persistent cough
- Any other contagious disease or symptoms

Staff will notify the family or guardian to pick up children when any of the following conditions exist:

1. The child displays any of the symptoms above.
2. The illness prevents the child from participating comfortably in program activities.
3. The illness results in a greater need than the YMCA staff can provide without compromising the health and safety of other children in the program.