

April
SWIM LESSONS



STRONG SWIMMERS

STRATFORD RICHARDSON SWIM LESSONS \$76 Member \$103 Non-Member

Monday & Wednesday Classes

April 3-26, 2023

Teen/Adult Swim Basics	Level 1	8:00am-8:40am
Teen/Adult Swim Basics	Level 2	8:00am-8:40am
Teen/Adult Swim Basics	Level 3	8:00am-8:40am
Teen/Adult Swim Strokes	Level 4	8:00am-8:40am
Teen/Adult Swim Strokes	Level 5	8:00am-8:40am
Teen/Adult Swim Strokes	Level 6	8:00am-8:40am

Karen Harper

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At the YMCA, we offer swim lessons for the beginner and for people looking to improve their strokes. Adult swim lessons are for people age 13 and older.

Participants are evaluated on the first day of class and placed accordingly. Whether you want to be a proficient lap swimmer, learn to float or acquire water safety skills, we are committed to working on your goals.

