

## **COVID-19 Safety Precautions**

Due to the circumstances surrounding COVID-19, YMCA Camp Thunderbird has adjusted some of our normal operating procedures and updated them based off of guidance from the American Camping Association, Y-USA and the US Centers for Disease Control and Prevention (CDC). We are currently following COVID-19 safety precautions within our programs that include practices such as lower staff to child ratio, social distancing, frequent handwashing and enhanced sanitation practices.

### **Here is a quick glance to highlight some of these procedure updates:**

- Check In and Opening Day
  - Prior to a session start, parents will receive communication regarding the check in and drop off experience.
  - We will have three Atrium Health Certified Medical Assistants (CMA's) with a staff partner located on each of our three main roads through camp. These CMA's will wear a mask and gloves and will perform a camper health screening for each camper prior to the camper checking into their cabin. Campers with temperatures below 100.4 will be allowed to check into camp. Campers with temperatures over 100.4 will not be allowed to check into camp until they are fever free for 48 hours. Families will drive to their camper's cabin where one of their cabin counselors will assist the camper with unloading luggage and getting settled into their cabin. Counselors will wear gloves and disinfect the exterior of the camper's luggage prior to taking into the cabin. All staff will diligently work to social distance from parents in their vehicles.
  - All campers are required to have their meds blister packed prior to check in. Parents may mail in their camper's blister packs ahead of time. We will provide a drive through health center check in for parents who do not mail their blister packs in ahead of time. All health center team members will wear a face mask and gloves while interacting with families during check in.
  - The camp store will be available as a drive through camp store. Items will be on display at an outdoor stand, and will be available for purchase. Parents and family members are asked to remain in their vehicles while driving through the camp store.
  - Care packages will be available for purchase through our camp store only. In an effort to minimize the number of outside things coming in, we are not allowing care packages to be mailed to campers. Parents who wish to send their camper a care package may purchase one through our camp store which will be packed and delivered by our camp store staff.
  - Activity preferences must be submitted on Y Camp Life prior to arrival at camp.
  - Refreshments will not be served on opening day.
- Check Out & Closing Day
  - During the check out process, we will require all parents and family members to remain in their vehicles. A counselor will come to each vehicle with the sign out sheet to check campers out.
  - Medications will be at each exit (Cabins 1-10 will be at the dining hall exit) and (Cabins 11-35 will be at the main exit). When exiting camp, parents should stop at the gate to receive any leftover medications.

- All parents will be encouraged to monitor their camper for two weeks after they leave camp for symptoms.
- Cabins
  - All doorknobs, bedrails, and bathrooms will be cleaned and sanitized daily. Beds will be sanitized between each session.
  - Campers will sleep head to toe (top and bottom bunks being opposite).
  - Bunks will remain spaced according to the standards set by the American Camping Association.
  - All cabins with air conditioned units will be required to remain above 72°F.
  - Cabin counselors will ensure that all camper and counselor temperatures are taken twice daily along with daily health questions and well-being check.
- Activities
  - All activity classes will be held outside. We are encouraging all campers to bring their own water bottle and are asked not to share them with anyone. Water stations will be placed around camp for refills and all coolers will be washed daily and the water filling button disinfected between each group.
  - Handwashing and/or sanitation stations will be placed around camp and all campers and staff will wash their hands prior to starting and upon completion of an activity.
  - All cabin groups will travel together and will not intermix with other cabin groups. Counselors will be trained in non-specialized activity areas and will travel with their campers. The following are activity specific guidelines for cleaning and disinfecting at each area, given that groups will remain together and not intermix.
  - Some activities require specialized staff. Specialized staff will interact with cabin groups in a socially distant manner, maintaining a 6 foot distance where possible. When social distancing is not easily attainable, specialized staff will wear a mask.

## **Land Activities**

- Challenge Course and Tree Climbing:
  - All gear (harnesses, helmets, carabiners, belay devices, and hardware) will be sanitized using warm, soapy water. They will be rinsed in clean water and allowed to dry in the sun.
  - All participants will wash their hands or use sanitizer immediately before they climb and again when they are finished.
  - Cabin counselors will assist campers with putting on and checking all gear. Specialized staff may assist when necessary and only while wearing a mask and sanitizing hands immediately before assisting.
  - Cabin counselors will clip in and clip out campers when the camper is not able to do so themselves.
- Outdoor Living Skills, Geocaching, and Orienteering:
  - All surfaces and equipment (GPS's and Compasses) will be disinfected in between use by separate groups.
- Arts and Crafts, Pottery:
  - All surfaces will be disinfected, including paintbrushes, tables, and pottery wheels. Equipment sharing will not be allowed between groups. All equipment will be sanitized using warm, soapy water. Materials that are leftover will not be reused where possible.

- Shooting Sports:
  - All bows and arrows will be disinfected. All BB guns and safety glasses will be sprayed down with disinfectant between participants. All cans saved will be sprayed with disinfectant prior to being used as a target. All safety masks will be washed in warm, soapy water. They will be rinsed in clean water and allowed to dry. Paintball guns will be disinfected between participants.
- Horseback:
  - All helmets will be washed in warm, soapy water and allowed to dry between participants. Synthetic tack will be sprayed with disinfectant. Saddle covers will be used for leather saddles and disinfected between participants. Horses will be tacked by specialized staff members. Each staff member will have designated tack and gear. Specialized staff assisting campers with mounting horses will wear a mask.
- Guitar:
  - Guitars will be wiped down with disinfectant between users and picks will be soaked in disinfectant when not in use.
- Putt Putt:
  - Golf balls will be sprayed with disinfectant and putters will be disinfected between users.
- Tennis:
  - All tennis balls will be sprayed with disinfectant. Tennis racquets will be wiped down using disinfectant between users.
- Backyard Games:
  - All balls and equipment will be sprayed or wiped down with disinfectant between users.
- General Athletics:
  - All balls, frisbees, and gear (lacrosse sticks, cones, flag football flags) will be wiped down or sprayed with disinfectant between users.
- Performing Arts:
  - All mats will be wiped down with disinfectant. Microphones will not be used unless absolutely necessary and will be disinfected after use.
- STEM Activities:
  - All iPads, drones, solar cars, laptops, equipment, and surfaces will be disinfected between users.
- Fishing:
  - All rods and reels will be disinfected between users. All surfaces will be wiped down with disinfectant after use.
- Campfires:
  - All cabin groups will sit every other bench to implement appropriate 6 foot social distancing. Staff who are on stage will social distance. Microphones will be wiped down after use.
- Sailing:
  - All lifejackets, lifeguard tubes, and surfaces will be disinfected between users. Sailboat surfaces will be disinfected. Ropes will be sanitized using soap and water.
- Pool:
  - All lifejackets, lifeguard tubes, and surfaces (tables and chairs) will be disinfected between users. All lifeguard stands will be sprayed with disinfectant between guard rotations.
- Boats:

- All boats will be either sprayed or wiped down with disinfectant between groups.
- Paddle Sports:
  - All paddles, lifejackets, kayaks, canoes, paddle boards, and corkles will be disinfected between users. All participants will have their own watercraft except for canoes where two participants from the same cabin group can share a canoe with one camper sitting in the front and one in the back with no middle rider.
- Tubes and Banana Boats:
  - All tubes and banana boats, and handles will be disinfected between riders.
- Wake Sports:
  - All helmets, lifejackets, skis, wake boards, and kneeboards will be disinfected between groups. All tow rope handles will be disinfected between groups.
- Slip and Slide:
  - The slip and slide will be sprayed down with soapy water and allowed to dry in direct sunlight.

## **Dining Hall & Meals**

- Meals will be plated for staff and campers and served by our lead staff team. All staff preparing plates and serving food will be wearing gloves and masks.
- The number of people allowed in the dining hall will be limited and based on the recommendations of the CDC and the local health department.
- Some meals will be “to-go” style and others will be served in outdoor settings, like the Duke Pavilion.
- When serving at the dining hall, we will have three to four lines and will allow four cabins to go through at a time. All cabins will sit together for meals and all campers and counselors will wash their hands before getting food and after eating.
- We are partnering with Aramark staff to ensure the dining hall is sanitized properly.
- Health Center
- An Atrium Advanced Practice Nurse or Registered Nurse will be available onsite from 9AM-9PM Monday-Saturday.
- Meds will be distributed from blister packs at meal times and by cabin. Bedtime meds will be distributed at each cabin.
- Office hours will be available for kids to see a health center team member should they not be feeling well.
- All surfaces, doorknobs, bathrooms, etc. will be disinfected as well as the Ipads our team members use to record visits. Sick beds will be disinfected between each use.
- Campers and counselors who have a fever will be monitored and checked of symptoms. An isolation room will be available for anyone showing symptoms.

## **Communal Spaces**

- In communal spaces, social distancing will be enforced. All surfaces will be sanitized and disinfected, and campers and staff will be required to sit with their cabin group.