

POOL SCHEDULE

March 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Swim / Lap Swim 6:30AM-2:00PM In designated areas only during classes (Lap lanes may not be available)	Open Swim / Lap Swim 6:30AM-2:00PM In designated areas only during classes (Lap lanes may not be available)	Open Swim / Lap Swim 6:30AM-2:00PM In designated areas only during classes (Lap lanes may not be available)	Open Swim / Lap Swim 6:30AM-2:00PM	Open Swim / Lap Swim 6:30AM-2:00PM	
Swim Lessons 8:00AM-8:45AM One Lap Lane Open and other designated areas of the Pool. See signage or ask Lifeguard.	In designated areas only during classes (Lap lanes may not be available)	Swim Lessons 8:00AM-8:45AM One Lap Lane Open and other designated areas of the Pool. See signage or ask Lifeguard.	Shallow Water Cardio 8:00AM - 8:45AM		Open Swim / Lap Swim 8:00-12:45AM In designated areas only during classes (Lap lanes may not be available)
Aqua Yoga 9:00AM - 9:45AM	Shallow Water Cardio 9:00AM - 9:45AM 10:00 AM-10:45 AM	Water Volleyball 11:00 AM - 11:45 AM			Swim Lessons 8:30AM-11:30AM
Family Swim 2:00PM - 5:00PM	CLOSED 2:00PM-4:00PM	Family Swim 2:00PM - 5:00PM	CLOSED 2:00PM-4:00PM		
4:00PM-7:45PM Open Swim / Lap Swim In designated areas only during classes (Lap Lanes may not be available)	4:00PM-7:45PM Open Swim / Lap Swim In designated areas only during classes (Lap Lanes may not be available)	4:00PM-7:45PM Open Swim / Lap Swim In designated areas only during classes (Lap Lanes may not be available)	4:00PM-7:45PM Open Swim / Lap Swim In designated areas only during classes (Lap Lanes may not be available)		
Swim Lessons 5:00PM-6:50PM	Swim Lessons 5:00PM-7:50PM	Swim Lessons 5:00PM-6:10pm (Lap Lane Open)	Swim Lessons 5:00PM-7:50PM		
Water Volleyball 7:00PM-7:40PM Ask the lifeguard where the open swim areas are or see designated signs	Ask the lifeguard where the open swim areas are or see designated signs.	Aqua Yoga 6:15PM-7:00PM (Lap Lanes closed only)			
		Swim Lessons 7:00PM-7:40PM Ask the lifeguard where the open swim areas are or see designated signs	Ask the lifeguard where the open swim areas are or see designated signs.		

Please ask the lifeguard or see designated signs of where the open pool areas are during swim lessons and water fitness classes.

When there is only one lifeguard on duty there will be a 10min safety break implemented every hour.

Pool Operation Hours:

Monday – Thursday 6:30AM-2:00PM
 4:00PM-7:45PM
 Friday 6:30AM-2:00PM
 Saturday 8:00AM-12:45PM
 (please refer to above schedule)

Steam and Sauna Operation Hours:

Monday-Thursday 6:30AM - 2:00PM
 4:00PM-7:45PM
 Friday 6:30AM-2:00PM
 Saturday 8:00AM-12:45PM