

2021 McCrorey YMCA Pool Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-7:15AM Water Walk/Swim (L1,L2,L3 & L4)* 7:15AM-8:00AM Water Fitness(25) (L1,L2,L3 & L4)* 8:00AM-11:30AM Lap Swim (L1,L2&L3)	6:00-7:15AM Water Walk/Swim (L1,L2,L3 & L4)* 7:15AM-8:00AM Water Fitness(25) (L1,L2,L3 & L4)* 8:00AM-11:30AM Lap Swim (L1,L2&L3)	6:00-7:15AM Water Walk/Swim (L1,L2,L3 & L4)* 7:15AM-8:00AM Water Fitness(25) (L1,L2,L3 & L4)* 8:00AM-11:30AM Lap Swim (L1,L2&L3)	6:00-7:15AM Water Walk/Swim (L1,L2,L3 & L4)* 7:15AM-8:00AM Water Fitness(25) (L1,L2,L3 & L4)* 8:00AM-11:30AM Lap Swim (L1,L2&L3)	6:00-7:15AM Water Walk/Swim (L1,L2,L3 & L4)* 7:15AM-8:00AM Water Fitness(25) (L1,L2,L3 & L4)* 8:00AM-11:30AM Lap Swim (L1,L2&L3)	YMCA CLOSED	YMCA CLOSED
12:00PM-3:45PM CLOSED	12:00PM-3:45PM CLOSED	12:00PM-3:45PM CLOSED	12:00PM-3:45PM CLOSED	12:00PM-5:30PM CLOSED		
4:00PM—5:30PM Family Swim (Designated Area) 4:00PM-6:00PM Lap Swim (L1,L2&L3) 5:45PM-6:15PM Group Swim Lessons (L1,L2,L3 & L4)* 6:30PM-7:15PM Water Fitness(25) (L1,L2,L3 & L4)* 7:15PM-7:30PM Safety Cleaning	4:00PM—5:30PM Family Swim (Designated Area) 4:00PM-5:30PM Lap Swim (L1,L2&L3) 5:30PM-7:45PM Group Swim Lessons (L1,L2,L3 & L4)* 7:45PM-8:00PM Safety Cleaning	4:00PM—5:30PM Family Swim (Designated Area) 4:00PM-6:00PM Lap Swim (L1,L2&L3) 5:45PM-6:15PM Group Swim Lessons (L1,L2,L3 & L4)* 6:30PM-7:15PM Water Fitness(25) (L1,L2,L3 & L4)* 7:15PM-7:30PM Safety Cleaning	4:00PM—5:30PM Family Swim (Designated Area) 4:00PM-5:30PM Lap Swim (L1,L2&L3) 5:30PM-7:45PM Group Swim Lessons (L1,L2,L3 & L4)* 7:45PM-8:00PM Safety Cleaning			

*There will be designated area roped off for other participants. Everything in "Red" means no lap lane available.

Lap Swim Etiquette: Lap Swim should be orderly, continuous swim. Swim in a circle approximately 5-10 seconds apart. Slower swimmers must allow faster swimmers to pass; wait at the wall until the faster swimmer turns. Staff may have to move lanes to accommodate the pool schedule. **LANE 1:** closest to Family Locker Rooms; **LANE 2:** closest to the windows.

Aquatics Information: The Y offers several Aquatics programs ranging from: Swim Lessons, Water Aerobics, Life-guard Training, Private Stroke Technique and more.

Pool Closing: The pool will close 30 minutes prior to the facility closing. The pool will close for thunder and lightning for 30 minutes after each accuracy.

Safety Breaks: A "10 minute Safety Break" will be provided to the morning lifeguard at the 45 minute point of every hour.