

2021 Stratford Richardson YMCA Summer Pool Schedule

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUN- DAY |
|--|--|--|--|---|-------------|----------------|
| 6:00AM-9:30 AM Lap Swim (L1-L2) 9:30AM-10:00AM Safety Cleaning | 6:00AM-8:00 AM Lap Swim (L1-L2) 8:00AM-8:45AM Water Fitness (L1-L2)* 9:00AM-9:45AM Water Fitness (L1-L2)* | 6:00AM-9:30 AM Lap Swim (L1-L2) 9:30AM-10:00AM Safety Cleaning | 6:00AM-8:00 AM Lap Swim (L1-L2) 8:00AM-8:45AM Water Fitness (L1-L2)* 9:00AM-9:45AM Water Fitness (L1-L2)* | YMCA CAMP 8:00AM-8:45AM Group #1 & 2 9:00AM-9:45AM Group #3 & 4 | YMCA CLOSED | YMCA CLOSED |
| 10:00-10:45AM Water Fitness (L1-L2)* 11:00-11:30AM Safety Cleaning | 10:00-10:45AM Water Fitness (L1-L2)* 11:00-11:30AM Safety Cleaning | 10:00-10:45AM Water Fitness (L1-L2)* 11:00-11:30AM Safety Cleaning | 10:00-10:45AM Water Fitness (L1-L2)* 11:00-11:30AM Safety Cleaning | 10:00AM-10:45AM Group #5 & 6 11:00AM-11:45AM Group #7 | | |
| 12:30PM-3:30PM Camp Swim (L1-L2) 3:30PM-4:00PM Safety Cleaning | 12:30PM-3:30PM Camp Swim (L1-L2) 3:30PM-4:00PM Safety Cleaning | 12:30PM-3:30PM Camp Swim (L1-L2) 3:30PM-4:00PM Safety Cleaning | 12:30PM-3:30PM Camp Swim (L1-L2) 3:30PM-4:00PM Safety Cleaning | 12:30PM-1:15PM Group #8 1:30PM-2:15PM Group #9 2:30PM-3:15PM Group #10 3:30PM-4:15PM Group #11 | | |
| 4:30PM-6:00PM Lap Swim (L1-L2) 6:00PM-6:30PM Safety Cleaning | 4:00PM-5:00PM Lap Swim (L1-L2) 5:30PM-6:40PM Group Swim Lessons (L1-L2) | 4:30PM-6:00PM Lap Swim (L1-L2) 6:00PM-6:30PM Safety Cleaning | 4:00PM-5:00PM Lap Swim (L1-L2) 5:30PM-6:40PM Group Swim Lessons (L1-L2) | | | |
| 6:30PM-7:30PM Water Fitness (L1-L2)* | 7:00PM-7:30PM Safety Cleaning | 6:30PM-7:30PM Water Fitness (L1-L2)* | 7:00PM-7:30PM Safety Cleaning | | | |
| 7:30PM-8:00PM Safety Cleaning | | 7:30PM-8:00PM Safety Cleaning | | | | |

* There will be designated area roped off for other participants. Everything in "Red" means no lap lane available.

Lap Swim Etiquette: Lap Swim should be orderly, continuous swim. Swim in a circle approximately 5-10 seconds apart. Slower swimmers must allow faster swimmers to pass; wait at the wall until the faster swimmer turns. Staff may have to move lanes to accommodate the pool schedule. **LANE 1:** closest to Family Locker Rooms; **LANE 2:** closest to the windows.

Aquatics Information: The Y offers several Aquatics programs ranging from: Swim Lessons, Water Aerobics, Lifeguard Training, Private Stroke Technique and more.

Pool Closing: The pool will close 30 minutes prior to the facility closing (8:30 M-TH, 6:30 F, 3:30 Sat.) The pool will close for thunder and lightening for 30 minutes after each accuracy but the steam and sauna rooms will stay open during those times.

Safety Cleaning: thirty minute pool closure for our staff and patrons.