

SWIM LESSONS



Brace Family YMCA Swim Lessons

704-716-4216 | bracefamilyaquatics@YMCACharlotte.org

Where do we meet?

Please proceed through the family locker rooms, rinse, and meet on the indoor pool deck. There will be a member of our staff on-hand to greet you and introduce you to your swim instructor.

What do we bring?

- Bathing Suit
- Towel
- Goggles
- Swim diapers and rubber pants, if required. Read further, below.

SWIM FAQs

Can I make-up individual missed classes?

To maintain quality programming for all participants, individual missed classes will not be made up. This includes, but is not limited to, a child who has an illness, injury, vacation, or inclement weather. Special circumstances (e.g. Doctor's note) must have approval by the Swim Lesson Coordinator, however it is not guaranteed that a credit will be given.

Do I need to stay on the pool deck during my child's lesson?

Please stay on the pool deck if you are not comfortable with your child going to the bathroom alone or within the YMCA grounds during your child's swim lesson.

Can my child swim before or after their lesson?

Yes, practice makes perfect! Please have your child wear their green/yellow swim band. Children without swim bands must have a parent in the water and within arm's reach. Parents must be present during free swim time.

How long will it take my child to pass a level?

Knowing that each child learns and progresses at a different rate, the levels are not designed to be passed in one session. Like dance or tae kwon do, many swimmers will continue in the same level for 2-6 sessions until they are able to master all of the skills. Please do not be discouraged if your child needs to repeat a level more than once. The instructors will continue to build skills in each session, and it's important that kids are in the level comparable to their skill-set, so that the classes are comprised of children with similar ability levels.

My child is not potty trained. What do you require them to wear for swim lessons?

Participants who are not fully potty trained must wear a disposable swim diaper, rubber pants with elastic around the legs and a swimming suit (all 3 garments need to be worn for class). Please have your child use the bathroom before entering the pool.

How will I know if my lesson is canceled?

We must close the pool and cancel lessons if there is contamination in the pool, as well as thunder or lightning outside. If this happens during swim lessons, a credit for the canceled class will be issued at the end of the session.

*** We will notify participants via email message of class changes. If you are unsure of a class cancellation please call the **Aquatic Hotline at 704 716 4230**. If there is no up-date, then the pool is operating as usual.

Facility and Health Regulations**Please keep your child home if your child:**

- has had a fever or vomited within the last 24 hours.
- has had diarrhea or intestinal flu within the last 24 hours
- has green/yellow discharge from the nose
- has pink-eye, ringworm, or any other contagious illnesses.

Refund Policy:

A full refund will be offered if cancellation is requested the day prior to the first day of class. Special circumstances must have approval by the Swim Lesson Coordinator, however it is not guaranteed that a credit will be given. To cancel any swim lesson you must fill out a "YMCA Program Cancellation Form" at the front desk.