

# DO MORE BE MORE



**MORRISON FAMILY YMCA**

9405 Bryant Farms Road

Charlotte NC 28277

## JUNE 2022 | ADULT GYM SCHEDULE (COURT B)

	MON	TUE	WED	THUR	FRI	SAT	SUN
<b>5:00 AM</b>	Athletic Conditioning 5:00 AM—7:00 AM	Athletic Conditioning 5:00 AM—7:00 AM	Athletic Conditioning 5:00 AM—7:00 AM	Athletic Conditioning 5:00 AM—7:00 AM	Athletic Conditioning 5:00 AM—7:00 AM		
<b>6:00 AM</b>							
<b>7:00AM</b>	OPEN GYM 7:00 AM—8:30 AM	OPEN GYM 7:00 AM—8:30 AM	OPEN GYM 7:00 AM—8:30 AM	OPEN GYM 7:00 AM—8:30 AM	OPEN GYM 7:00 AM—8:30 AM		
<b>8:00 AM</b>	SUMMER CAMP 8:30 AM—4:00 PM	SUMMER CAMP 8:30 AM—4:00 PM	SUMMER CAMP 8:30 AM—4:00 PM	SUMMER CAMP 8:30 AM—4:00 PM	SUMMER CAMP 8:30 AM—4:00 PM		
<b>9:00AM</b>							
<b>10:00 AM</b>							
<b>11:00 AM</b>							
<b>12:00 PM</b>							
<b>1:00 PM</b>	OPEN GYM* *Active Kids has right of refusal in the event that GroupEx is unavailable. 4:30 PM—6:30 PM	OPEN GYM* *Active Kids has right of refusal in the event that GroupEx is unavailable. 4:30 PM—6:30 PM	OPEN GYM* *Active Kids has right of refusal in the event that GroupEx is unavailable. 4:30 PM—6:30 PM	OPEN GYM* *Active Kids has right of refusal in the event that GroupEx is unavailable. 4:30 PM—6:30 PM	OPEN GYM* *Active Kids has right of refusal in the event that GroupEx is unavailable. 4:30 PM—6:30 PM		OPEN GYM 12:00 PM—3:45 PM
<b>2:00 PM</b>							
<b>3:00 PM</b>							
<b>4:00 PM</b>	OPEN GYM 4:00 PM—7:45 PM	OPEN GYM 6:30 PM—7:45 PM	OPEN GYM 4:00 PM—7:45 PM	OPEN GYM 6:30 PM—7:45 PM	OPEN GYM 4:00 PM—7:45 PM		
<b>5:00 PM</b>							
<b>6:00 PM</b>							
<b>7:00 PM</b>							
<b>8:00 PM</b>	OPEN GYM 6:30 PM—7:45 PM	OPEN GYM 6:30 PM—7:45 PM	OPEN GYM 6:30 PM—7:45 PM	OPEN GYM 6:30 PM—7:45 PM	OPEN GYM 6:30 PM—7:45 PM		
FACILITY CLOSED		OPEN GYM		PROGRAM AREA - Open to registered program participants		REGISTERED SPORTS / CAMP	

# DO MORE BE MORE



**MORRISON FAMILY YMCA**

9405 Bryant Farms Road

Charlotte NC 28277

## JUNE 2022 | ADULT GYM SCHEDULE (COURT ANDY ELLIOTT)

	MON	TUE	WED	THUR	FRI	SAT	SUN
<b>5:00 AM</b>	OPEN GYM 5:00 AM—1:00 PM	OPEN GYM 5:00 AM—1:00 PM	OPEN GYM 5:00 AM—9:00 AM	OPEN GYM 5:00 AM—10:30 AM	OPEN GYM 5:00 AM—9:00 AM	OPEN GYM 7:00 AM—3:45 PM	
<b>6:00 AM</b>							
<b>7:00AM</b>							
<b>8:00 AM</b>							
<b>9:00AM</b>							
<b>10:00 AM</b>							
<b>11:00 AM</b>							
<b>12:00 PM</b>							
<b>1:00 PM</b>	OPEN GYM* *Youth Programs have right of refusal in the event of inclement weather. 1:00 PM—4:30 PM	OPEN GYM* *Youth Programs have right of refusal in the event of inclement weather. 1:00 PM—7:45 PM	Athletic Conditioning right of refusal in event of inclement weather. 9:00 AM—11:00 AM	Athletic Conditioning right of refusal in event of inclement weather. 10:30 AM—12:30 PM	Athletic Conditioning right of refusal in event of inclement weather. 9:00 AM—11:00 AM	OPEN GYM 12:00 PM—3:45 PM	
<b>2:00 PM</b>							
<b>3:00 PM</b>							
<b>4:00 PM</b>							
<b>5:00 PM</b>							
<b>6:00 PM</b>							
<b>7:00 PM</b>							
<b>8:00 PM</b>							
<b>5:00 AM</b>	FACILITY CLOSED	OPEN GYM	PROGRAM AREA - Open to registered pro- gram participants	PROGRAM AREA - Open to registered pro- gram participants	PROGRAM AREA - Open to registered pro- gram participants	REGISTERED SPORTS / CAMP	
<b>6:00 AM</b>							
<b>7:00AM</b>							
<b>8:00 AM</b>							
<b>9:00AM</b>							
<b>10:00 AM</b>							
<b>11:00 AM</b>							
<b>12:00 PM</b>							

**A KIND REMINDER  
THAT BOTH GYMS  
CLOSE 15 MINUTES  
PRIOR TO FACILITY  
CLOSURE**