



# POOL SCHEDULE

## INDOOR POOL & OUTDOOR WATERPARK

OPEN SWIM TIMES

### MONDAY-FRIDAY

Mon/Wed: 12:30 - 6:30 PM | 7:30-8:30 PM - INDOOR POOL  
Tues/Thurs: 12:30 - 8:30 PM - INDOOR POOL  
Friday: 12:30 - 8:30 PM - INDOOR POOL  
Monday-Friday: 11:00 AM-6:00 PM - OUTDOOR WATERPARK

### SATURDAY

11:00 AM - 4:00 PM | OUTDOOR WATERPARK  
11:30 AM - 4:00 PM | INDOOR POOL

### SUNDAY

12:00 - 4:00 PM | OUTDOOR WATERPARK  
12:00 - 4:00 PM | INDOOR POOL

WATER EX CLASS SCHEDULE

### MONDAY/WEDNESDAY/FRIDAY

8:10 AM Hydro Fit - OUTDOOR WATERPARK  
9:00 AM Hydro Fit - OUTDOOR WATERPARK  
10:00 AM Water Cardio Lite - OUTDOOR WATERPARK  
6:45 PM Hydro Fit (MONDAY & WEDNESDAY ONLY) - INDOOR POOL

### TUESDAY/THURSDAY

8:10 AM Aqua Blast- OUTDOOR WATERPARK  
9:00 AM Aqua Blast - OUTDOOR WATERPARK  
10:00 AM Water Arthritis - INDOOR POOL  
10:00 AM Aquaboard - OUTDOOR WATERPARK

★ SPECIAL SUMMER CLASS! ★

### SATURDAY

9:15 AM Hydro Fit - OUTDOOR WATERPARK

LAP LANE AVAILABILITY

### MONDAY-FRIDAY

5:00 - 9:00 AM Lap Lanes Available For Reservation - INDOOR POOL  
12:00 - 8:30 PM Lap Lanes Available For Reservation - INDOOR POOL  
6:30 - 8:00 AM (T/R) Lap Lanes Available For Reservation - OUTDOOR WATERPARK  
6:30 - 7:30 AM (M/W/F) Masters Swim (\$) - Stop by Front Desk to - OUTDOOR WATERPARK

### SATURDAY

7:00 - 9:00 AM Lap Lanes Available For Reservation - INDOOR POOL  
11:30 AM - 3:45 PM Lap Lanes Available For Reservation - INDOOR POOL

### SUNDAY

12:00 PM - 3:45 PM Lap Lanes Available For Reservation - INDOOR POOL

\* Schedule subject to change at any time. Please download the Y App to receive up-to-date schedule notifications.\*