



McCrorey YMCA Swim Lessons

704 716 6515 | Kennell.Jackson@ymcacharlotte.org

Welcome to the McCrorey YMCA Swim Lesson Program! We're excited that you and/or your child(ren) will be joining us for swimming lessons. In this document you will find all the information needed to begin your journey. Please feel free to contact us if you have any questions.

FIRST CLASS INFO

Where do we meet?

Please enter the pool deck through the locker rooms. A swim instructor will meet you by the sitting area at the end of the pool.

What to bring?

All swimmers will need to wear a proper swim suit and bring a towel. We encourage goggles after swimmers can put their face in the water and open their eyes. Any child that is not potty trained must wear a swim diaper and plastic pants underneath their swim suit.

Can I stay on the pool deck during class?

We encourage parents to stay on the pool deck if they are not comfortable with their child going to the bathroom alone. If you need to leave the pool deck, we request that you supply your cell phone number so we may contact you while you're gone. Parents must return before their child's lesson is over. If your child is enrolled in a Preschool class, a parent must remain on the deck.

Can I sit by my child's class to help them adjust?

In order to build trust between the swimmer and the instructor, we ask parents to observe the child's class from either the viewing window outside the pool or the benches

on the pool deck. If you choose to stay on the pool deck, please do not interrupt the instructor during class time. When lessons begin it is common for some children to become afraid or to cry. Our aquatics staff are equipped and trained in providing encouragement and confidence to help swimmers that may be nervous or anxious.

SWIM FAQs

How long will it take my child to pass a level?

Knowing that each child learns and progresses at a different rate, the levels are not designed to be passed in one session. Many swimmers will continue in the same level for 2-6 sessions until they are able to master all of the skills. Please do not be discouraged if your child needs to repeat a level more than once. The instructors will continue to build skills in each session. Typically the more people practice their skills, the better they will become. We encourage you to come in to practice the different skills taught in class during our free swim times. A schedule of our family/open swim times may be found on the locker room doors and at the sales and service desk.

My child is not potty trained. What do you require them to wear for swim lessons?

Participants who are not fully potty trained must wear a disposable swim diaper, rubber pants with elastic around the legs and a swimming suit (all 3 garments need to be worn for class). Please have your child use the bathroom before entering the pool.

What is the ratio of swimmers to instructors for Group Lessons?

All Swimming Lessons are taught according to the National YMCA Program standards.

The maximum ratios are as follows:

- Parent/Child classes: 10 parent/child teams to 1 instructor
- Swim Basics (ages 3 - 5): 5 students to 1 instructor
- Swim Strokes (ages 5 - 12): 6-8 students to 1 instructor
- Swim Team Prep (ages 5 - 18): 8 students to 1 instructor
- Adult/Teen Swim Basics 1-3 (13+): 8 students to 1 instructor
- Adult/ Teen Swim Strokes 4-6 (18+): 10 students to 1 instructor

FACILITY & HEALTH REGULATIONS

If your child has had a fever or vomited within the last 24 hours, diarrhea, an intestinal flu, green/yellow discharge from the nose, pink-eye, ringworm, or other contagious illness please refrain from bringing them to the pool.

CHOOSING THE RIGHT CLASS

Our swim lessons are separated by ages and skill level. Please place your child in the class according to their age. Please use the class descriptions as a resource to help guide your decision. Skill assessments will be done the first day of all sessions. If a placement change needs to be made during the session, our instructors will discuss this with you and move the child to the appropriate class when and if space is available.

LESSON CANCELLATION & MAKE-UP PROCEDURES

Lesson Cancellation

We must close the pool and cancel lessons if there is defecation or vomit in the pool, or lightning/thunder outside. If this happens during swim lessons, we will communicate set make-up times.

Lesson Make-Ups

To maintain quality programming for all participants, individual missed classes may not be made up. This includes, but is not limited to a participant having an illness, injury, vacation, or inclement weather. Special circumstances must have approval by the Aquatics Director; however it is not guaranteed that a make-up lesson will be given. Make-up days are made for pool closures including thunder/lightening, pool maintenance and holidays.

Refund Policy

If a request for a refund is made, our Association Standard is, to provide a 100% refund if cancellation occurs before the program begins. No refunds will be given if a cancellation is made after the program begins.