



INDOOR POOL SCHEDULE

STARTING SEPTEMBER 12th

OPEN SWIM TIMES

MONDAY-FRIDAY

Mon/Wed: 1:00 - 5:00 PM | 7:30 - 8:30 PM
Tues/Thurs: 12:30 - 5:00 PM | 6:30 - 8:30 PM
Friday: 1:00 - 8:30 PM

SATURDAY

11:30 AM - 4:00 PM

SUNDAY

12:00 - 4:00 PM

LAP LANE AVAILABILITY

MONDAY-FRIDAY

5:00 AM - 8:30 PM* Lap Lanes Available For Reservation
*12:00 - 1:00 PM (M/W/F) Masters Swim (\$) - Stop by Front Desk to sign up.

SATURDAY

7:00 - 9:00 AM Lap Lanes Available For Reservation
11:30 AM - 3:45 PM Lap Lanes Available For Reservation

SUNDAY

12:00 PM - 3:45 PM Lap Lanes Available For Reservation

WATER EX CLASS SCHEDULE

MONDAY/WEDNESDAY/FRIDAY

8:10 AM Hydro Fit
9:00 AM Hydro Fit
10:00 AM Water Cardio Lite
6:45 PM Hydro Fit (MONDAY & WEDNESDAY ONLY)

TUESDAY/THURSDAY

8:10 AM Aqua Blast
9:00 AM Aqua Blast
10:00 AM Water Arthritis

SATURDAY

9:05 AM Hydro Fit

* Schedule subject to change at any time. Please download the Y App to receive up-to-date schedule notifications.*