

# Keith Family Indoor Pool Schedule

Begins January 1st

\*\*\*Lane 1 is closest to the Family Locker rooms. Lane 6 is closest to the windows\*\*\*

Times	Mon/Wed						Tues/Thurs						Friday						Saturday						Sunday						Times						
	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6							
6:00 AM	Closed						Closed						Closed						Closed						Closed						6:00 AM						
6:30 AM	Closed						Closed						Closed						Closed						Closed						Closed						6:30 AM
7:00 AM	Closed						Closed						Closed						Closed						Closed						Closed						7:00 AM
7:30 AM	Closed						Closed						Closed						Closed						Closed						Closed						7:30 AM
8:00 AM	Closed						Closed						Closed						Closed						Closed						Closed						8:00 AM
8:30 AM	Closed						Open Swim						Open Swim						Open Swim						Water Exercise 8:00 am-9:00 am						Closed						8:30 AM
9:00 AM	Closed						Water Fitness 9:00 - 11:00						Water Fitness 8:30 - 9:30						Water Fitness 9:00am - 10:00						Open Swim 9:00am - 10:00am						Closed						9:00 AM
9:30 AM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 9:00am - 10:00am						Closed						9:30 AM
10:00 AM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 9:00am - 10:00am						Closed						10:00 AM
10:30 AM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 9:00am - 10:00am						Closed						10:30 AM
11:00 AM	Closed						Open Swim						Open Swim						Open Swim						Group Swim Lessons 10am - 12pm						Closed						11:00 AM
11:30 AM	Closed						Open Swim						Open Swim						Open Swim						Group Swim Lessons 10am - 12pm						Closed						11:30 AM
12:00 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						12:00 PM
12:30 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						12:30 PM
1:00 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						1:00 PM
1:30 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						1:30 PM
2:00 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						2:00 PM
2:30 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						2:30 PM
3:00 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						3:00 PM
3:30 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						3:30 PM
4:00 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						4:00 PM
4:30 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						4:30 PM
5:00 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						5:00 PM
5:30 PM	Closed						Open Swim						Open Swim						Open Swim						Open Swim 12pm-5:30pm						Open Swim 12pm-5:30pm						5:30 PM
6:00 PM	Closed						Open Swim						Open Swim						Open Swim						Closed						Closed						6:00 PM
6:30 PM	Closed						Open Swim						Open Swim						Open Swim						Closed						Closed						6:30 PM
7:00 PM	Closed						Open Swim						Open Swim						Open Swim						Closed						Closed						7:00 PM
7:30 PM	Closed						Open Swim						Open Swim						Open Swim						Closed						Closed						7:30 PM
8:00 PM	Closed						Open Swim						Open Swim						Open Swim						Closed						Closed						8:00 PM
8:30 PM	Closed						Open Swim						Open Swim						Open Swim						Closed						Closed						8:30 PM

☐ LAP SWIM

☐ CLASSES, LESSONS & OPEN SWIM

■ CLOSED

### Lap Swim Reservation

We have moved to a reservation system for booking lap lanes! You can book your lane 22 hours in advance through our YMCA of Greater Charlotte app! Ask our team for more information if needed.

\*\*Friday evenings could be reserved for make up swim lessons in the event of a storm during the week. Check our app for updates.

### Aquatic Information

The Keith Family YMCA offers several Aquatic Programs ranging from: Swim Lessons, Masters Swim Team, Triathlon Training, Water Fitness, Swim Team, Lifeguard Training, Private Swim Lessons, and more!

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

\*Schedule subject to change, Check app for updates.