

# INDOOR POOL HOURS

\*Lap Lane Reservations are REQUIRED\*

**Effective: Monday, October 3, 2022**  
**Monday/Wednesday/Friday**

## **LAP SWIM:**

- 6:00 AM – 1:00 PM
- 3:30 PM – 7:30 PM

## **FREE SWIM:**

- 11:00 AM – 1:00 PM
- Mon/Wed: 3:30 PM – 5:30 PM
- FRI: 3:30 PM – 6:00 PM

## **WATER FITNESS CLASS:**

9:00 AM – 10:00 AM: M/W/F  
10:00 AM – 11:00 AM: M/W

## **Tuesday/Thursday**

## **LAP SWIM:**

- 6:00 AM – 1:00 PM
- 3:30 PM – 7:30 PM

## **FREE SWIM:**

- 9:30 AM – 1:00 PM
- 3:30 PM – 4:30 PM

## **WATER FITNESS CLASS:**

8:30 AM – 9:30 AM: T/TH  
6:00 PM – 7:00 PM: T/TH

## **Saturday**

## **LAP SWIM:**

- 8:00 AM – 10:00 AM

## **FREE SWIM:**

- 12:00 PM – 5:30 PM

**WATER FITNESS CLASS:** 8:00 AM – 9:00 AM: SAT.

## **Sunday**

## **LAP SWIM:**

- 12:00 PM – 5:30 PM

## **FREE SWIM:**

- 12:00 PM – 5:30 PM