

SWIM LESSONS



Brace Family YMCA Swim Lessons

704-716-4216 | BraceFamilyAquatics@YMCACharlotte.org

Where do we meet?

Please proceed through the family locker rooms, rinse, and meet on the indoor pool deck. There will be a member of our staff on-hand to greet you and introduce you to your swim instructor.

What do we bring?

- Bathing Suit
- Towel
- Goggles
- Swim diapers and rubber pants, if required. Read further below.

SWIM FAQs

Can I make-up individual missed classes?

We offer make-up lessons in the event that you miss one lesson in the session for which your class is running and if there is space available. If there is an open spot in any class that is the same stage as your child we will be happy to accommodate a make-up at that time. Please note that the makeup lesson instructor may not be your child's regular teacher. To attend any make-up lessons, please RSVP via email at least 48 hours prior to the makeup day you are looking for to BraceFamilyAquatics@YMCAcharlotte.org in order for us to make sure there is safely room in that class.

Do I need to stay on the pool deck during my child's lesson?

Though our indoor pool is a great temperature for swimmers, it can be a little uncomfortable for observers. You are welcome to wait for your swimmer in our lobby and watch lessons through the windows.

Can my child swim before or after their lesson?

Yes, practice makes perfect! Please have your child wear their green/yellow swim band. Children without swim bands must have a parent in the water and within arm's reach. Parents must be present during free swim time.

How long will it take my child to pass a level?

Knowing that each child learns and progresses at a different rate, the levels are not designed to be passed in one session. Like dance or tae kwon do, many swimmers will continue in the same level for 2-6 sessions until they are able to master all of the skills. Please do not be discouraged if your child needs to repeat a level more than once. The instructors will continue to build skills in each session, and it's important that kids are in the level comparable to their skill-set, so that the classes are comprised of children with similar ability levels.

My child is not potty trained. What do you require them to wear for swim lessons?

Participants who are not fully potty trained must wear a disposable swim diaper, rubber pants with elastic around the legs and a swimming suit (all 3 garments need to be worn for class). Please have your child use the bathroom before entering the pool.

What do we do in the event of inclement weather?

We are required to close all pools for 30 minutes after the last time our staff sees lightning or hears thunder. We may hold one out-of-water safety day per session in the event of a pool closure. This covers the entire safety portion of the lesson curriculum and counts as a complete lesson.

How will I know if the pool is closed due to inclement weather?

We use phone calls, e-mails and the Aquatics Hotline to communicate information on pool closures and cancellations. Please remember that lessons may still occur during inclement weather with the out-of-water safety day. Please check the Aquatics Hotline for the most up to date information on your class by calling (704) 716-4230.

If after a safety day, another storm happens, we will make every effort to make-up the missed lesson.

Low Enrolled Swim Lessons

YMCA of the USA requires a minimum of 3 participants to run a swim class. In the event your child is signed up for a low enrolled class, you will receive an email with alternative class options. If those do not work for your schedule, you will receive 3 private swim lessons (\$99 value) if your swimmer is the only one enrolled, or 4 semi-private swim lessons (\$100 value) if there is one other child enrolled, at the originally chosen time.

Facility and Health Regulations**Please keep your child home if your child:**

- has had a fever or vomited within the last 24 hours.
- has had diarrhea or intestinal flu within the last 24 hours.
- has green/yellow discharge from the nose.
- has pink-eye, ringworm, or any other contagious illnesses.

Refund Policy:

Full refunds are available before a session begins. Once a session has begun and before the 4th lesson, a 50% refund will be available. No refunds are available after the 4th scheduled lesson.