GYM SCHEDULE

Effective August 26 – December 1

| | | Sunday | | Monday | | | Tuesday | | | Wednesday | | | Thursday | | | |
|--------------------|---|--------------------|--------------------|-----------------------|----------|-------------------|---------------------------------------|----------|-------------------|--------------|---------------|-------------------|--------------------------|--------------------|-------------------|--------------|
| | Side A | | 51 C | Side A | | C L C | Side A | | | Side A | - | 511.5 | Side A | | 511.5 | Side A |
| Time | (Full Court) | Side B | Side C | (Full Court) | Side B | Side C | (Full Court) | Side B | Side C | (Full Court) | Side B | Side C | (Full Court) | Side B | Side C | (Full Court) |
| 5:00 AM | | | | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM |
| 5:30 AM | | | | | | | | | | | | | Athletic Conditioning | | | |
| 6:00 AM | | | | | | | | | | | | | 5:30- 6:20am | | | |
| 6:30 AM | | | | | | | | | | | | | | | | |
| 7:00 AM 7:30 AM | | | | | | | | | | | | | | | | |
| 7:50 AM 8:00 AM | | | | | | | - | | | | | | | | | |
| 8:00 AM 8:30 AM | | | | 8:00 - 9:00AM | | | | | | | 8:00 - 9:00am | | | | | |
| 9:00 AM | | | | Athletic Conditioning | | | 9:15am-10:15am | | HIIT Sides A/B/C | | | | | | | |
| 9:30 AM | | | | | | | 9:15am-10:15an Athletic Conditioni | | | | | | 9:15am-10:15am | | 1 | |
| 10:00 AM | | | | | | | | | | | | | A | thletic Conditioni | ng | |
| 10:30 AM | | | | | | | | | | | | | | | | |
| 11:00 AM | | | | | | | | | | | | | | | | |
| 11:30 AM | | | | | | | | | | | | | | | | |
| 12:00 PM | | | | | | Childrens' Center | | | Childrens' Center | | | Childrens' Center | | | Childrens' Center | |
| | | | | | | cillarens center | | | | | | | | | | |
| 12:30 PM | | | | | | | | | | | | | | | | |
| 1:00 PM | | | | | | | | | 1:00-2:00PM | | | | | | 1:00-2:00PM | |
| 1:30 PM | | | | | | | | | Homeschool PE | | | | | | Homeschool PE | |
| 2:00 PM | | | | | | | | | | | | | | | | |
| 2:30 PM | Open Gym | Open Gym | Open Gym | | | | | | | | | | | | | |
| 3:00 PM | 1:200pm- 6:00pm | 1:200pm- 6:00pm | 1:200pm- 6:00pm | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM |
| 3:30 PM | 0.000 | 0.00pm | 0.000 | | | | | | | | | | | | | |
| 4:00 PM | | | | | | | | | | | | | | | | |
| 4:30 PM | | | | | | | | | | | | | | | | |
| 5:00 PM | | | | | | | | | | | | | | | | |
| 5:30 PM | | | | | | | | | | | | | | | | |
| 6:00 PM | | | | | | | | | | | | | | | | |
| 6:30 PM | | | | | | | | | | | | | | | | |
| 7:00 PM | | | | | | | | | | | | | | | | |
| 7:30 PM | | | | | | | | | | | | | | | | |
| 8:00 PM | | | | | | | | | | | | | | | | |
| 8:30 PM | | | | | | | | | | | | | | | | |
| 9:00 PM | | | | | | | | | | | | | | | | |
| 9:30 PM | | | | | | | | | | | | | | | | |
| | Program Area - Open Only to Registered Program Participants | | | | | | | | | | Open Gym | 1 | | | | |

