GYM SCHEDULE

Effective August 26 – December 1

		Sunday		Monday			Tuesday			Wednesday			Thursday			
	Side A		51 C	Side A		C L C	Side A			Side A	-	511.5	Side A		511.5	Side A
Time	(Full Court)	Side B	Side C	(Full Court)	Side B	Side C	(Full Court)	Side B	Side C	(Full Court)	Side B	Side C	(Full Court)	Side B	Side C	(Full Court)
5:00 AM				OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
5:30 AM													Athletic Conditioning			
6:00 AM													5:30- 6:20am			
6:30 AM																
7:00 AM 7:30 AM																
7:50 AM 8:00 AM							-									
8:00 AM 8:30 AM				8:00 - 9:00AM							8:00 - 9:00am					
9:00 AM				Athletic Conditioning			9:15am-10:15am		HIIT Sides A/B/C							
9:30 AM							9:15am-10:15an Athletic Conditioni						9:15am-10:15am		1	
10:00 AM													A	thletic Conditioni	ng	
10:30 AM																
11:00 AM																
11:30 AM																
12:00 PM						Childrens' Center			Childrens' Center			Childrens' Center			Childrens' Center	
						cillarens center										
12:30 PM																
1:00 PM									1:00-2:00PM						1:00-2:00PM	
1:30 PM									Homeschool PE						Homeschool PE	
2:00 PM																
2:30 PM	Open Gym	Open Gym	Open Gym													
3:00 PM	1:200pm- 6:00pm	1:200pm- 6:00pm	1:200pm- 6:00pm	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
3:30 PM	0.000	0.00pm	0.000													
4:00 PM																
4:30 PM																
5:00 PM																
5:30 PM																
6:00 PM																
6:30 PM																
7:00 PM																
7:30 PM																
8:00 PM																
8:30 PM																
9:00 PM																
9:30 PM																
	Program Area - Open Only to Registered Program Participants										Open Gym	1				

