

SWIM LESSONS



Harris YMCA Swim Lessons

704-716-6853 | HarrisSwimLessons@YMCACharlotte.org

First Day of Lessons:

Swim lessons will meet on the Indoor Pool Deck during the school year and the Outside Pool Deck during the summer unless otherwise communicated. Please check in at our table before each class in the session to help us keep accurate attendance records. We will split the children up with their instructors at the beginning of the lesson. If you're running late, please take the time to check in and then take your child to the class station.

What do we do in the event of inclement weather?

We are required to close all pools for 30 minutes after the last time our staff sees lightning or hears thunder. We may hold one out-of-water safety day per session in the event of a pool closure. This covers the entire safety portion of the lesson curriculum and counts as a complete lesson.

How will I know if the pool is closed due to inclement weather?

We use Facebook, phone calls, text messages and the Aquatics hotline to communicate information on pool closures and cancellations. Please remember that lessons may still occur during inclement weather with the out-of-water safety day. Please check the following resources for the most up to date information on your class. We will also follow up with an email within 24 hours if a class is actually cancelled with make-up information.

Harris YMCA Aquatics Hotline: Call (704) 716-6877 for all pool related information

Make-Up Swim Lessons:

We offer make-up lessons in the event that you miss one lesson in the session for which your class is running and if there is space available. If there is an open spot in any class that is the same stage as your child we will be happy to accommodate a make-up at that time. Please note that the makeup lesson instructor may not be your child's regular teacher. To attend any make-up lessons, please RSVP via email at least 48 hours prior to the makeup day you are looking for in order for us to make sure there is safely room in that class. It is strongly recommend not more than two classes per session to give each participant the best chance of success.

Cancelation / Refund policy for group swim lessons:

Full refunds are available before a session begins. Once a session has begun and before the 4th lesson, a 50% refund will be available. No refunds are available after the 4th scheduled lesson.

SWIM FAQs

How do I know which class is appropriate for my child?

Our swim lessons are organized first by age and then by skill levels. You will see the skill stage within each age group listed in our program materials. Please use the class descriptions in the program guides, as well as our interactive online tool through our website to help determine the proper skill level for your child. We will also conduct skill assessments on the first day of all sessions and make placement adjustments at that time. Please sign your child up for the most appropriate class based on their abilities. If a placement adjustment is required, we will do our best to move your child to the new stage based on class availability. For current swimmers, please discuss stage recommendation with your current instructor.

How many children are in each class?

All swim lessons are taught in accordance with the National YMCA Program standards. The maximum ratios are as follows:

- Swim Basics: 1-3 - max 6 students to 1 instructor
- Swim Strokes: 4-6 - max 8 students to 1 instructor
- Swim Basics: 1-3 Teen/Adult (13+ yrs.) - max 8 students to 1 instructor
- Swim Strokes: 4-6 Teen/Adult (13+ yrs.) - max 8 students to 1 instructor

May I sit by my child's class?

In the interest of building trust between a swimmer and the instructor, we ask parents to observe their child's class from either the viewing window outside the pool, the bleachers on the deck instead of the benches on the deck, or the pool cove. If you choose to stay on the pool deck, please do not interrupt the teacher during the class time. If your child is having difficulty, we may recommend that you observe your child's class through the glass viewing area outside the pool deck. Children who are continually disruptive during class will be asked to sit out until they are able to listen to the teacher's instructions. This will help ensure the safety of all students.

What should my child wear to swim lessons?

Participants must have on a swimsuit. We require that hair shoulder length or longer is pulled back or worn under a swim cap. My child is not potty trained. What do you require them to wear for swim lessons? Participants who are not fully potty trained must wear a disposable swim diaper, reusable swim diaper (must be snug and completely cover disposable diaper) and a swimming suit (all 3 garments must be worn for class). Please have your child use the bathroom before entering the pool. Reusable swim diapers are available for purchase at the Sales and Service Center for \$10.

My child does not like water in his/her eyes. Should I bring goggles?

Goggles are not a requirement for YMCA Swim Lessons. If goggles help your child feel more comfortable in the water, that is fine with us. Goggles are recommended for the Swim Stroke stages that will be swimming laps during lessons. To ensure your swimmer learns breath control, masks that cover the nose will not be allowed.

Is it okay for me to swim or workout while my child is in lessons?

Please remain in the pool area if you are not comfortable with your child going to the bathroom alone. Please remain on the YMCA property at all times. If you do leave the pool area, please be sure that you are back before your child's class is over.

When should I keep my child out of swim lessons? (Facility and Health Regulations)

Please keep your child home if your child:

- Has had a fever or vomited within the last 24 hours.
- Has had diarrhea or intestinal flu within the last 24 hours
- Has green/yellow discharge from the nose has pink-eye, ringworm, or other contagious illnesses.

How can I determine if my child is improving in swim lessons?

We encourage parents to build a relationship with the child's instructor. Feel free to ask them about your child's progress before or after class. Please keep in mind that the instructor may have another class beginning shortly. If you can't find time to talk with the instructor during your visit, please feel free to leave your name and number and the a member of our Aquatics team will call you. Progress reports are given in the middle and the end of each session.

How long will it take my child to pass a stage?

Knowing that each child learns and progresses at a different rate, the stages are not designed to be passed in one session. Like dance or taekwondo, many swimmers will continue in the same stage for 2-3 sessions until they are able to master all of the skills. Please do not be discouraged if your child needs to repeat a stage more than once. The instructors will continue to build skills in each session, and it's important that kids are in the stage compatible to their skill-set, so that the classes are comprised of children with similar ability levels.

What if I have feedback to give?

Feedback is absolutely welcome! You can always talk with your instructor after lessons if you have questions, concerns, or suggestions on how to work effectively with your child. You are also welcome to contact our Aquatics staff with your feedback.