

# SUMMER 2020 RESIDENT CAMP PARENT GUIDE



## Welcome Parents

We are excited to have your camper joining us this summer at Camp Harrison! We want to make planning for camp as easy for you as possible, so we've put together this Parent Guide to answer all your questions and to help you adequately prepare your camper for this amazing experience. Please note, highlighted text has been added in response to the COVID-19 pandemic.

YMCA Camp Harrison: Building Confidence, Character and Faith.

## Contact Information

YMCA CAMP HARRISON  
336 921 7067  
800 514 1417  
campharrison@ymcacharlotte.org  
campharrison.org  
facebook.com/ycampharrison

## 2020 Sessions

- Session 3 June 14 – 20
- Session 4 June 21 – 27
- Session 5 June 28 – July 4
- Session 6 July 5 – 11
- Session 7a July 12 – 18
- Session 7b July 19 – 25
- Session 8 July 26 – August 1
- Session 9 August 2 – 8
- Session 10 August 9 – 15

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## Registering for Camp

We strive to make planning for camp as simple and pleasant as possible for parents and campers. Parents must complete three things before check-in day:

- Registration/Payment
- Medical Forms

## Registration/Payment/Cancellations

Rates and online registration are available at [campharrison.org](http://campharrison.org).

YMCA of Greater Charlotte members receive \$125 off per regular week. Payment can be made in full at registration or by utilizing our payment plan.

Updated Cancellation Policy: In order to better support our camp families, we have made some adjustments to our cancellation and refund policies.

- If you need to cancel your child's session for this summer, you may do so by sending an email cancellation request by June 1, 2020 and receive a full-refund.
- You may receive a full refund if you cancel your camper's registration up to 14 days before your child's session.
- Cancellations made less than 14 days before your camper's session will forfeit all previous payments. Cancellations will not be accepted by phone, but can be emailed to [campharrison@ymcacharlotte.org](mailto:campharrison@ymcacharlotte.org).
- If you need to cancel your child's session within the 14 day window, you may transfer your child's registration to 2021 with no penalty. This will secure your child's spot in summer 2021 and lock in the early bird rate.

## Medical Forms

We partner with CampDoc.com to provide the best possible care for our campers and staff. All registered campers will receive an email detailing instructions for completing camper health care information around February (or within two weeks of registration after February). Please, set [register@campdoc.com](mailto:register@campdoc.com) as a safe sender to avoid delivery to a junk/spam folder.

Before camp, you will be asked to submit the following online:

- Medical Insurance card
- Prescription Insurance card (if different)
- Camper immunization record
- A doctor's plan for any diagnosed chronic condition
- A confidential camper health profile

Note: It is no longer required for campers to receive a physical before attending camp.

Changeover- There is no fee for multi-week campers to remain at camp over the weekend, but you must sign up for changeover upon registration. Email us at [campharrison@ymcacharlotte.org](mailto:campharrison@ymcacharlotte.org) if you are unsure whether you have done so.

Early Arrival/Late Pick-Up Fee –as stated above, there will be no fee for campers who are attending the next session to stay the weekend. The \$125 fee will only apply to late pick-ups and early arrivals.

## Cabin Requests

We make every effort to honor up to two MUTUAL cabin mate requests when campers are within one year of each other in age and one grade level. Requests must be made at least two weeks prior to your camper's check-in via email to [campharrison@ymcacharlotte.org](mailto:campharrison@ymcacharlotte.org). We will confirm all cabin mate requests the week before your camper's arrival via email. If there is an issue with your camper's cabin assignment, please speak with a camp director in the dining hall.

## Check-In and Check-Out

During Summer 2020, we will limit the number of campers who are checking in at the same time.

### Check-In

- Parents will select time slots to arrive at camp
- Health screening and temperature checks will be conducted for each camper on arrival
- There will be two check-in options:
  1. For those with medication to drop off or questions for the Camp Directors
    - One parent will enter the Dining Hall with their camper(s). Medication will be dropped off with the medical staff.
    - No Parents will be allowed in cabins
  2. For those who do not have medications to drop off
    - Parents will remain in their vehicles throughout the check-in process

- Staff will unload camper luggage in front of cabin

### Early Drop-Off Policy

Should you be unable to arrive during check-in, we ask that you bring your child to camp on Saturday between 9:00 and 11:00 AM and pay the changeover fee (\$125).

### Check-Out

- Curbside pickup of campers at cabins
- Luggage will be loaded into vehicles by staff members
- "Drive thru" early enrollment and last minute store purchases
- Parents will remain in vehicles throughout check-out
- Campers must be signed out by a parent or parent approved adult. For the protection of all campers and staff, parents must give written permission to [campharrison@ymcacharlotte.org](mailto:campharrison@ymcacharlotte.org) for anyone other than themselves to pick up their camper(s). Anyone other than parent/guardian picking up camper must provide a photo ID.

### Directions & Location

Directions to camp can be found on our website. Please, use the Main Entrance (off of Highway 18). If your GPS directs you to Fall View Rd/Andrews Rd, please, turn around and turn right onto Hwy 18. The main entrance will be just ahead on the right.

Our address is:

7901 S NC Highway 18  
Boomer, NC 28606



## Packing for Camp

### What to bring

A packing list is available on the Parent Resources page of our website, and will provide you with information about what you should (and should not) pack for camp.

Camp provides the necessary equipment for all activities. Please remember, Camp is not responsible for personal items brought to Camp, including recreation equipment. All items should be labeled with your camper's name. Bring only items that you don't mind getting dirty or lost. Please make sure you have all your child's items when you pick them up (See Lost & Found Policy).

## Spending Money

No spending money is needed at camp. Campers will be provided with canteen (snack and drink) each afternoon. If you want your camper to have spending money to use in the Camp Store, you can purchase store bucks during check-in or by contacting the camp office.

## Laundry

Laundry service will be offered to campers staying for multiple sessions. We will provide a small laundry bag for each multi-session camper. **You will still need to pack enough clothing for your camper's stay, but this will provide them with an opportunity have their essentials washed.**

## Lost and Found

Please label all of your camper's items. All unclaimed Lost and Found will be available for parents to look through during check-out. Unused medication will be placed in camper luggage prior to check-out. Lost items are not the responsibility of Camp Harrison. Any unclaimed items are held for two weeks and then donated to charity. Parents are responsible for return shipping costs of items that are left behind at camp.

## Communication during Camp

### Email

Campers may receive one way emails through [Y Camp Life](https://www.ycamp.life) or at [campharrisoncampers@ymcacharlotte.org](mailto:campharrisoncampers@ymcacharlotte.org) for no additional cost. Emails are printed Monday – Friday by 11:00am. Emails are not printed on Saturdays or Sundays. **Email Subject line must include Camper's First/Last Name and Cabin # to ensure delivery.**

### Photos

Campers are welcome to bring their cameras with them to camp, but we will also take pictures around camp throughout the course of the week. Each day, our pictures will be uploaded to [Y Camp Life](https://www.ycamp.life), where you can view them.

## Care packages and US mail

- No care packages can be dropped off at check-in or mailed to camp
  - Care packages can be packed in camper's luggage, but camp staff will not be delivering outside care packages
  - We will have pre-assembled care package options available for purchase from the camp store
  - Store bucks will also be available for purchase and campers will be given an order form to spend their store bucks
- We encourage you to send messages to your camper through the [YCampLife](https://www.ycamp.life) Platform.
- Letters are allowed (but sending emails is preferred)
- Camp Harrison will provide a post card for campers to write home during each session.

## Phone Calls

Campers do not make phone calls home during camp. Counselors make phone calls to first time camper parents on Tuesday evenings. The call is intended to give new parents an update on their campers' activities and well-being during the week.

## Birthdays at Camp

Many campers celebrate their birthdays while at camp. Campers with birthdays are recognized in front of the entire camp at either lunch or dinner. Reminding us at check in of your child's birthday is appreciated. Parents are welcome to send cake/cupcakes/cookies to share with the cabin, but any edible treats must be store-bought with listed ingredients. **Due to food allergies, products that contain nuts cannot be served.**

## Life at Camp

### Bunk Information

Campers are assigned to cabins by gender, age and grade level. New campers are intentionally placed with a mix of other new and returning campers. Our cabins are fully equipped with modern conveniences, including electricity, a/c, indoor bathrooms (with private stalls for changing), and hot water. All the beds in the cabins are bunk beds.

## Campers Typical Day

- 7:00 AM Rise & shine and cabin clean-up
- 7:50 AM Flagpole – Blessing
- 8:00 AM Breakfast – Morning watch
- 9:00 AM Activities
- 12:00 PM Lunch

- 12:45 PM BOB time (rest period)
- 2:00 PM Activities
- 5:30 PM Return to cabins – prepare for dinner
- 5:50 PM Flag lowering and blessing
- 6:00 PM Dinner
- 7:00 PM Evening program
- 8:30 PM Vespers
- 9:30 PM Return to cabins – cabin devotions
- 10:00 PM Lights out

## COVID-19 Activity Precautions

- Cabins will rotate together to all activities with their cabin counselors
- Counselors and campers will help decide, as a cabin, which activities they want to participate in
- High risk activity specialists will supervise from 6 feet away or will wear face masks, when maintaining 6 feet of distance is not possible
- Campfires, talent shows, vespers, and other evening programs will take place outdoors and 6ft will be maintained between cabin groups

## Available Activities

Adventure Hiking/Survival Skills  
Aerial Adventure (high ropes)/Climbing Wall  
Arts & Crafts  
Clay Shooting  
Farm to Feast  
Fishing  
Lawn Games  
Mountain Biking  
Mountain Scooters  
Paintball  
Performing Arts- Dance, Drama, and Rhythm & Beats  
Sports/Games  
Target Sports (archery, riflery & slingshots)  
Boating- Canoes, kayaks, paddleboards, corcls, sailboats  
Frolicking- Water inflatables  
Lake Extreme- blob, wet willie waterslide, water zip, flume  
Pool  
Creeking

## YMCA Ragers Program

The YMCA Ragers Program is a goal-setting program for campers age 12 and up, in which campers challenge their personal and spiritual growth. This program is designed to help staff and campers take a closer look at themselves in relationship to their own strengths and weaknesses, their religious beliefs, and the people around them. The rags are outward symbols of the acceptance of an inner challenge for Christian/personal growth.

## Swim Test

Every camper will be swim tested in accordance with the YMCA of Greater Charlotte Aquatics Standards. Campers wear identification of their swim level while at camp, ensuring they are kept safe and challenged, depending on their experience.

## Dining Hall

A variety of fresh fruit, hot & cold cereals, vegetables and kid-friendly options are offered at every meal. At mealtime, mature and knowledgeable counselors gently guide campers towards healthy and appropriate choices. Food will be served cafeteria-style, by cabin. Vegetarian options are always available. Products that contain peanuts and tree nuts are not served in the dining hall. Other special dietary needs should be indicated on the camper health history and directed to the Camp Harrison office. The dining hall is successful in accommodating campers with most food allergies.

## Discipline

Camp rules are designed to enhance the happiness and safety of all campers. Head counselors will contact parents to let them know if there is an on-going behavioral problem. Children who do not demonstrate appropriate behavior, in the judgment of the Directors, will be sent home. Early dismissal from Camp will not warrant the refund of fees.

## Missing Home

Parental support and encouragement are crucial to a child's successful camp experience. Parents can help set campers up for success by:

- Being enthusiastic and positive about a camper's time at camp
- Encouraging campers to stay the entire session
- Helping campers set goals for camp (meeting people, learning something new, etc.)
- Not promising that a camper can come home if they do not like camp

Head Counselors will keep parents in the loop if their camper is missing home. Campers do not make phone calls home to parents, but letters and emails are great ways to communicate with your child. Encouraging comments in letters are also helpful. Though it is common for young or first-time campers to miss home, it is usually short-lived due to all the fun people and dynamic activities at Camp Harrison!

Our Staff is well trained to help campers adjust to camp by immediately involving them in goal setting, team building and engaging activities.

## **Safety and Medical Information**

To ensure a safe camp experience, we maintain a 1 to 4 counselor to camper ratio. All of our summer staff are certified in Basic First Aid and CPR, with a majority of our staff being YMCA Lifeguard certified. Cabin counselors check camper's daily cleanliness, cuts, sunburn, insect bites, etc. **Staff and camper temperatures will be taken twice daily.** Accident insurance is not included in the camp fee.

### **Medicines**

For the safety of all campers, medications must be in original bottles/containers (including any-over-the-counter medication or vitamins) and must be checked in with Camp Nurse during check-in. No medications are allowed in cabins (exceptions: inhalers & epi-pens). Camper medications are dispensed by a camp nurse at mealtimes. "As needed" medications will be kept at the Health Center and brought up at meal times. If there are any changes in your camper's medications, please, update your profile prior to check-in.

### **Medical – Health Center**

Campers who are not feeling well have the opportunity to visit the Health Center, as needed. The health center is staffed and open 24 hours a day for urgent medical situations. All camp nurses are Registered Nurses (RNs) and work under doctor's orders. Doctors are on call for consultation in nearby North Wilkesboro.

### **Response to Illness or COVID-19 Exposure**

1. Response to Illness- Monitoring and Preparing
  - If fever is suspected, temporal thermometers will be used to check. If fever is present (100.4), we will notify parent/emergency contacts to pick up the child.
  - In the event of fever or other symptoms of illness, the child will be allowed to rest in the health center away from other children while waiting for parent to pick up.
  - Staff will continue to follow our wellness policy and call parents to pick up if any of the following conditions exist.
    - The illness prevents the child from participating comfortably in childcare activities.
    - The illness results in greater need than the YMCA staff can provide without compromising the health and safety of other children.
    - The child has any of the following conditions:

- A fever 100.5 degrees or higher. Children must be fever-free for at least 48 hours without fever-reducing medication before they can return to camp programs. If fever is a result of COVID-19, children cannot return to program for 14 days.
- Continuous and/or colored nasal drainage. A current note from a physician can be provided if drainage is caused by an allergy.
- Diarrhea. Child cannot have more than two loose stools in a 24 hour period.
- Vomiting within a 24 hour period.
- Communicable diseases. Examples include, but are not limited to, pink eye, head lice, skin rash, and strep throat.
- If a child or staff member develops the following symptoms, they will be sent home as soon as possible: fever, cough, shortness of breath.
- If a child or staff tests positive for COVID-19, they cannot return to programming for 14 days.
- All policies regarding illness also apply to staff

### **Heat and Sun Precautions**

Water stations are located at every activity to ensure proper hydration. We encourage campers to bring their own water bottles and sunscreen, but we also provide hypoallergenic sunscreen for campers and staff who need it.

