LINCOLN COUNTY YMCA MEMBER POOL HOURS
March 2023

MONDAY

Time	Slide Side	Lane 1	Lane 2	Lane 3
8:00 AM	Open Swim	Water Fitness 8-8:45		
9:00		Open Swim	Open Swim	Shared Lane
10:00				
11:00				
12:00				
1:00				
2:00				
3:00				
4:00				
5:00				
6:00				
7:00 PM	Closed	Special Olympics Swim Team Practice		
8:00				

TUESDAY

Time	Slide Side	Lane 1	Lane 2	Lane 3
8:00 AM	Open Swim			
9:00		Water Fitness 9:30-10:15		
10:00		Open Swim	Open Swim	Shared Lane
11:00				
12:00				
1:00				
2:00				
3:00				
4:00				
5:00	Swim Lessons			
6:00		Swim Lessons		
7:00 PM	Closed	YMCA Swim Team Practice		
8:00				

WEDNESDAY

Time	Slide Side	Lane 1	Lane 2	Lane 3
8:00 AM	Open Swim	Water Fitness 8-8:45		
9:00		Open Swim	Open Swim	Shared Lane
10:00				
11:00				
12:00				
1:00				
2:00				
3:00				
4:00				
5:00				
6:00				
7:00 PM	Closed - 7:30			
8:00				

THURSDAY

Time	Slide Side	Lane 1	Lane 2	Lane 3
8:00 AM	Open Swim	Water Fitness 8-8:45		
9:00				
10:00		Water Fitness 9:30-10:15		
11:00		Open Swim	Open Swim	Shared Lane
12:00				
1:00				
2:00				
3:00				
4:00				
5:00	Swim Lessons			
6:00		Swim Lessons		
7:00 PM	Closed	YMCA Swim Team Practice		
8:00				

FRIDAY

Time	Slide Side	Lane 1	Lane 2	Lane 3
8:00 AM	Open Swim	Water Fitness 8-8:45		
9:00		Open Swim	Open Swim	Shared Lane
10:00				
11:00				
12:00				
1:00				
2:00				
3:00				
4:00		Special Olympics Swim Team Practice		
5:00				
6:00				
7:00 PM	Closed - 7:30			
8:00				

SATURDAY

Time	Slide Side	Lane 1	Lane 2	Lane 3
8:00 AM				
9:00	Water Fitness 9-9:45			
10:00	Swim Lessons			
11:00				
12:00	Closed			

* No Reservation required for Open Swim

Open Swim

Shared Lane Reserved