

2021 Stratford Richardson YMCA Summer Pool Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN- DAY
6:00AM-9:30 AM Lap Swim (L1-L2) 9:30AM-10:00AM Safety Cleaning	6:00AM-8:00 AM Lap Swim (L1-L2) 8:00AM-8:45AM Water Fitness (L1-L2)* 9:00AM-9:45AM Water Fitness (L1-L2)*	6:00AM-9:30 AM Lap Swim (L1-L2) 9:30AM-10:00AM Safety Cleaning	6:00AM-8:00 AM Lap Swim (L1-L2) 8:00AM-8:45AM Water Fitness (L1-L2)* 9:00AM-9:45AM Water Fitness (L1-L2)*	YMCA CAMP 8:00AM-8:45AM Group #1 & 2 9:00AM-9:45AM Group #3 & 4	YMCA CLOSED	YMCA CLOSED
10:00-10:45AM Water Fitness (L1-L2)* 11:00-11:30AM Safety Cleaning	10:00-10:45AM Water Fitness (L1-L2)* 11:00-11:30AM Safety Cleaning	10:00-10:45AM Water Fitness (L1-L2)* 11:00-11:30AM Safety Cleaning	10:00-10:45AM Water Fitness (L1-L2)* 11:00-11:30AM Safety Cleaning	10:00AM-10:45AM Group #5 & 6 11:00AM-11:45AM Group #7		
12:30PM-3:30PM Camp Swim (L1-L2) 3:30PM-4:00PM Safety Cleaning	12:30PM-3:30PM Camp Swim (L1-L2) 3:30PM-4:00PM Safety Cleaning	12:30PM-3:30PM Camp Swim (L1-L2) 3:30PM-4:00PM Safety Cleaning	12:30PM-3:30PM Camp Swim (L1-L2) 3:30PM-4:00PM Safety Cleaning	12:30PM-1:15PM Group #8 1:30PM-2:15PM Group #9 2:30PM-3:15PM Group #10 3:30PM-4:15PM Group #11		
4:30PM-6:00PM Lap Swim (L1-L2) 4:00PM-5:30PM Family Swim 6:00PM-6:30PM Safety Cleaning	4:00PM-5:00PM Lap Swim (L1-L2) 4:00PM-5:30PM Family Swim 5:30PM-6:40PM Group Swim Lessons (L1-L2)	4:30PM-6:00PM Lap Swim (L1-L2) 4:00PM-5:30PM Family Swim 6:00PM-6:30PM Safety Cleaning	4:00PM-5:00PM Lap Swim (L1-L2) 4:00PM-5:30PM Family Swim 5:30PM-6:40PM Group Swim Lessons (L1-L2)			
6:30PM-7:15PM Water Fitness (L1-L2)*	7:00PM-7:30PM Safety Cleaning	6:30PM-7:15PM Water Fitness (L1-L2)*	7:00PM-7:30PM Safety Cleaning			
7:15PM-7:30PM Safety Cleaning		7:15PM-7:30PM Safety Cleaning				

* There will be designated area roped off for other participants. Everything in "Red" means no lap lane available.

Lap Swim Etiquette: Lap Swim should be orderly, continuous swim. Swim in a circle approximately 5-10 seconds apart. Slower swimmers must allow faster swimmers to pass; wait at the wall until the faster swimmer turns. Staff may have to move lanes to accommodate the pool schedule. **LANE 1:** closest to Family Locker Rooms; **LANE 2:** closest to the windows.

Aquatics Information: The Y offers several Aquatics programs ranging from: Swim Lessons, Water Aerobics, Lifeguard Training, Private Stroke Technique and more.

Pool Closing: The pool will close 30 minutes prior to the facility closing (8:30 M-TH, 6:30 F, 3:30 Sat.) The pool will close for thunder and lightening for 30 minutes after each accuracy but the steam and sauna rooms will stay open during those times.

Safety Cleaning: thirty minute pool closure for our staff and patrons.