



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

PRIVATE SWIM LESSONS

SIMMONS YMCA

Whether you are interested in getting comfortable in the water for the first time, improving your form or swimming faster, we can develop a program to suit your needs. Lessons are offered to swimmers 3 years old and up. Private lessons are perfect for those who prefer one-on-one attention. Semi-private lessons are available for 2 students of similar skills with one instructor. Adapted swim lessons are designed to meet the emotional, cognitive and physical needs of students with diverse abilities.



Private 30 Minute Lessons Now Receive My Y Pricing!			
Type	# of lessons	Member Price	Non-member Price
Private	1, 4, 8	\$35, \$130, \$240	\$45, \$170, \$300
Semi Private	1, 4, 8	\$45, \$170, \$300	\$52, \$198, \$356
Adapted	8	\$95	\$135

For more information:

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