



# KEITH FAMILY Outdoor Pool Schedule

## September 2019

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

\*\*\*Lane 1 is closest to the Grass\*\*\*

Times	Mon/Wed						Tues/Thurs						Friday						Saturday						Sunday						Times
	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	
5:00 AM	<b>Waterpark Hours 8/1-8/25</b>																								5:00 AM						
5:15 AM	Monday - Friday 11 AM - 7:30 PM																								5:15 AM						
5:30 AM	Saturday 12 PM - 5:45 PM																								5:30 AM						
5:45 AM	Sunday 1 PM - 5:45 PM																								5:45 AM						
6:00 AM	<b>SPECIAL DATES:</b>																								6:00 AM						
6:15 AM																									6:15 AM						
6:30 AM	AUGUST 31 11AM -6:45PM																								6:30 AM						
6:45 AM	Monday SEPT 2- LABOR DAY 11 AM - 5:45 PM																								6:45 AM						
7:00 AM	Saturdays AUG 31, SEPT 7, 14, 21, 28 12 PM -6PM																								7:00 AM						
7:15 AM	Sundays SEPT 1, 8, 15, 22, 29 1 PM - 5:45 PM																								7:15 AM						
7:30 AM	Sundays SEPT 1, 8, 15, 22, 29 1 PM - 5:45 PM																								7:30 AM						
7:45 AM	Sundays SEPT 1, 8, 15, 22, 29 1 PM - 5:45 PM																								7:45 AM						
8:00 AM	Sundays SEPT 1, 8, 15, 22, 29 1 PM - 5:45 PM																								8:00 AM						
8:15 AM	Sundays SEPT 1, 8, 15, 22, 29 1 PM - 5:45 PM																								8:15 AM						
8:30 AM	Sundays SEPT 1, 8, 15, 22, 29 1 PM - 5:45 PM																								8:30 AM						
8:45 AM	Sundays SEPT 1, 8, 15, 22, 29 1 PM - 5:45 PM																								8:45 AM						
9:00 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															9:00 AM
9:15 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															9:15 AM
9:30 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															9:30 AM
9:45 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															9:45 AM
10:00 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															10:00 AM
10:15 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															10:15 AM
10:30 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															10:30 AM
10:45 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															10:45 AM
11:00 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															11:00 AM
11:15 AM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															11:15 AM
11:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															11:30 PM
11:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															11:45 PM
12:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															12:00 PM
12:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															12:15 PM
12:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															12:30 PM
12:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															12:45 PM
1:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															1:00 PM
1:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															1:15 PM
1:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															1:30 PM
1:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															1:45 PM
2:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															2:00 PM
2:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															2:15 PM
2:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															2:30 PM
2:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															2:45 PM
3:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															3:00 PM
3:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															3:15 PM
3:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															3:30 PM
3:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															3:45 PM
4:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															4:00 PM
4:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															4:15 PM
4:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															4:30 PM
4:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															4:45 PM
5:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															5:00 PM
5:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															5:15 PM
5:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															5:30 PM
5:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															5:45 PM
6:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															6:00 PM
6:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															6:15 PM
6:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															6:30 PM
6:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															6:45 PM
7:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															7:00 PM
7:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															7:15 PM
7:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															7:30 PM
7:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															7:45 PM
8:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															8:00 PM
8:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															8:15 PM
8:30 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															8:30 PM
8:45 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															8:45 PM
9:00 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															9:00 PM
9:15 PM				Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class						Morning Swim Lessons/ Deep End Water Fitness Class															9:15 PM

### \*Announcements\*

**Pool Parties may utilize REC Swim area in pool on Saturdays/Sundays**

#### Lap Swim Etiquette

Lap Swim should be an orderly, continuous swim. Swim in a circle at about 5-10 seconds apart. Slower swimmers must allow faster swimmers to pass; wait at a wall until the faster swimmer turns. Staff may have to move lanes to accommodate pool schedule.

#### Aquatics Information

The KEITH FAMILY YMCA offers several aquatic programs ranging from: Swim Lessons, Swim Team, Triathlon Training, Pool Parties, Water Fitness, Lifeguard Training, Private Lessons, Stroke Technique, and more! The indoor pool will close 15 minutes before the facility.

#### Contact Information

**Monika Lovelace**  
Aquatics Director  
[Monika.lovelace@YMCACharlotte.org](mailto:Monika.lovelace@YMCACharlotte.org)  
704-716-6750

**Angelica Maldonado**  
Aquatics Coordinator  
[angelica.maldonado@ymcacharlotte.org](mailto:angelica.maldonado@ymcacharlotte.org)  
704-716-6769

- LAP SWIM
- RECREATION SWIM
- PROGRAMMING
- CLOSED

#### Pool Schedule Info

**\*Note that times listed on the sides of the schedule indicate starting times, not ending times.**

#### Pool Schedule Info

**\*Note that lane lines may be moved 5 minutes prior to scheduled activity.**