



# LOWE'S YMCA POOL SCHEDULE

Effective Sept 3, 2024

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
TIMES	Lap	MP	Lap	MP	Lap	MP	Lap	MP	Lap	MP	Lap	MP	Lap	MP	
5AM															
6AM	Swim Team <small>(2 lane available)</small>		Swim Team		Swim Team <small>(2 lane available)</small>		Swim Team								
7AM	6-7:30AM		6-7:30AM		6-7:30AM		6-7:30AM				Swim Team				
8AM	LANES AVAILABLE FOR RESERVATIONS IN GRAY AREAS										7-9AM				
9AM		Water Ex 8:30-11AM		Water Ex 8:30-10am		Water Ex 8:30-11AM		Water Ex 8:30-10am		Water Ex 8:30-11AM					
10AM															
11AM												Masters Swim 11AM-12PM			
12PM							Homeschool Swim 12-1PM								
1PM															
2PM															
3PM															
4PM	Swim Team 4-8PM		Swim Team	Swim Team 4-5:30PM	Swim Team 4-8PM		Swim Team 4-8PM	Swim Team 4-5:30PM	Swim Team 4-6:30PM						
5PM			4-8PM												
6PM															
7PM															

This schedule may be altered to accommodate program needs at any time.

The Vortex, Beach Front, Slides and Lane Reservations are open/available during the gray areas.

Lap Lane Reservations are recommended and made on the YCLT+ app.  
All cool pool lanes are shared, while the warm pool has a single lane option.

### Adult Supervision:

- Children 0-5 years must be accompanied by an adult within arm's reach at all times
- Children 5-9 must have active adult supervision on the pool deck at all times
- Youth 10-12 may use pools without a designated adult if they are a green band swimmer

**Severe Weather:** In the event that lightning or thunder is present in our area, the Y requires immediate closure of all pools. Pools will remain closed until 30 minutes past the last visible lightning strike or sound of thunder.