Gym Schedule

SPRING 2024

	Sunday Monday				lay Tuesday						Wednesday Thursday					Friday	Saturday				
Time	Side A (Full Court)	Side B	Side C	Side A (Full Court)	Side B	Side C	Side A	Side B	Side C	Side A	Side B	Side C	Side A	Side B	Side C	Side A	Side B	Side C	Side A (Full Court)	Side B	Side C
:00 AM	(Full Court)			(Full Court)			(Full Court)			(Full Court)			(Full Court)			(Full Court)			(Full Court)		
:30 AM																					
:00 AM																					
:30 AM				Open Gym			Open Gym			Open Gym			Open Gym			Open Gym					
:00 AM				5:00AM -			5:00AM -			5:00AM -			5:00AM -			5:00AM -					
:30 AM				9:00AM	Pick	leball	9:00AM	Pick	leball	9:00AM	Pick	leball	9:00AM	Pic	kleball	9:00AM	Pick	leball			
:00 AM					1 Court	Reserved		1 Court	Reserved		1 Court	Reserved		1 Court	Reserved		1 Court	Reserved			
:30 AM						rt Open			rt Open			rt Open			irt Open			rt Open			
:00 AM				High Eitness	5:00AM-12:00PM		High Eitness	5:00AM-12:00PM		High Fitness (Group Ex)	5:00AM-12:00PM		High Fitness	5:00AM-12:00PM		High Fitness	5:00AM-12:00PM				
:30 AM				High Fitness (Group Ex)			High Fitness (Group Ex)						(Group Ex)			(Group Ex)					
0:00 AM																					
0:30 AM																					
1:00 AM																					
1:30 AM																				Open Gym	
2:00 PM																			7:	00AM-5:00F	
:30 PM																					
00 PM			Open Gym										Open Gym								
:30 PM			12:00-										10:30AM - 5:00PM								
:00 PM	Open	Gvm	3:00PM										5:UUPM								
:30 PM	12:00-5																				
:00 PM				Open Gym			Open Gym			Open Gym						Open Gym					
:30 PM			Pickleball	10:30AM - 9:00PM			10:30AM - 9:00PM			10:30AM - 9:00PM						10:30AM - 9:00PM					
:00 PM			3:00-	3:00FM	Open Gym		J:UUFINI	Open Gym	Open Gym	3:00FM	Open Gym			Open Gym		J:UUFINI	Open Gym				
:30 PM			5:00PM		12:00- 9:00PM	12:00- 9:00PM		12:00- 9:00PM	12:00- 9:00PM		12:00- 9:00PM	12:00- 9:00PM		12:00- 9:00PM	12:00- 9:00PM		12:00- 9:00PM	12:00- 9:00PM			
:00 PM					J.001 M	J.00FM		3.00114	J.00FM		3.00114	J.001 M		J.00FIM	J.001 M		J.00114	J.00FM			
:30 PM																					
00 PM													Volleyball League								
:30 PM													5:00-								
00 PM													8:00PM								
:30 PM																					
:00 PM													Open Gym								
:30PM													8-9PM								
	Proa	ram Area	- Reaister	ed Progra	m Particin	ants															
GEND:		Program Area - Registered Program Participants Areas are only open to registered participants of that						Open Gym - No Reservation Required				Gym Closed				Group Exercise Class				II - Reserva	
	program.														Reserve your spot on the Y App					YCLT+ App	
								Gvm	Schedule i	s subject 1	o change	without n	otice								