



# Y-GUIDES

## FOURTH & FIFTH YEAR AWARD

### FOURTH & FIFTH YEAR AWARD PROGRAM • TRAILBLAZERS

Two items in each of the 3 areas (spirit, mind, body) should be accomplished each year. Dad and child may substitute an item of their own choosing with the approval of the Tribal Chief. A Green Bear Claw will be awarded at Spring Longhouse for completion of the Fifth Year requirements.

A Friends Always Medallion will be awarded at the end of the Fifth Year for completion of all requirements. These will be awarded at Spring Longhouse.

#### **SPIRIT**

- Lead the chapel service at Longhouse with your tribe.
- Read the creation story in the Bible and discuss with your Dad.
- Make brownies with your Dad and deliver them to a neighbor.
- Make a scrapbook with your Dad. Father and child write stories of their childhood and share with your family.
- Create and send a message of appreciation to a grandparent to tell them why they are special.
- Father and child participate in a charitable or good-will project sponsored by the community or another organization. Share the results at a tribal meeting.
- Father and child buy supplies, prepare, serve and clean-up from a family candle light dinner.
- Father and child sponsor a new Y-Guides Tribe.

## **MIND**

- Prepare and display 12 or more different rocks and present to your tribe.
- Prepare a report on the life habits of one domestic and one wild animal. Present the report to your tribe.
- Identify 5 constellations to your tribe.
- Identify 8 trees in North Carolina and make a leaf and bark display of the trees making a report to share to the tribe.
- Learn and describe 5 wild animals in our area and draw or find a picture of their tracks making a report to your tribe.
- Make a homemade kite and fly it with your Dad.
- Build a model from a kit or with original materials.
- Paint your favorite memory of Y-Guides with your father.
- Volunteer in your child's school.
- Attend a parent teacher conference at your child's school.

## **BODY**

- Recycle 20 pounds of aluminum, tin, and/or steel cans.
- Go horseback riding with your Dad.
- Do a sport with your Dad at least 3 times. Ex: tennis, golf, basketball, soccer.
- Start and maintain a recycling program at your house for 2 months. Recycle aluminum, steel, glass, plastic and newspaper.
- Cook a meal with your Dad over an open fire with at least 2 dishes (hotdogs, potatoes, vegetables, etc). Clean up afterwards.
- Learn the proper handling and care of an air rifle or .22 and report to the tribe.
- Participate in an outdoor trip that lasts at least 2 nights. Prepare your meals outdoors, do outdoor activities and sleep in a tent.
- Participate in a triathlon or a fun run with your Dad.

