## POOL SCHEDULE the



## OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDA	Y
OPEN SWIM / LAP SWIM	OPEN SWIM / LAP SWIM	OPEN SWIM / LAP SWIM	OPEN SWIM / LAP SWIM	OPEN SWIM / LAP SWIM		
5:30 AM - 2:00 PM	5: 30 AM - 5:00 PM	5:30 AM - 5:00 PM	5:30 AM - 5:00 PM	5:30 AM - 4:00 PM		
5.50 / 111		3.507111		3.367		
AQUA YOGA			Shallow Water		OPEN SWIM	
8:00AM - 8:45AM			<b>Cardio</b> 8:00AM - 8:45AM		8:00 AM - 12:45	
	Shallow Water Cardio		MACE:8 - MAUU:8			
	9:00AM - 9:45AM				SWIM LESSON	NS
In designated are-	In designated	In designated	In designated		8:30 AM - 11:00	AM
as only during classes (Lap lanes	areas only during classes (Lap	areas only during classes (Lap	areas only dur- ing classes (Lap			
may not be availa-	lanes may not be	lanes may not be	lanes may not be			
ble) CLOSED	available)	available)	available)	Please ask th		
2:00 PM - 4:00 PM				lifeguard or s designated si		
ODEN CHIM /		OPEN SWIM /	OPEN SWIM	where the op		
OPEN SWIM / LAP SWIM	OPEN SWIM	LAP SWIM	5:00 PM - 7:45 PM	areas are dur	ing swim	
4:00 PM - 7:45 PM	5:00 PM - 7:45 PM	5:00 PM - 7:45	3.00 PM - 7.43 PM	lessons and v		
SWIM LESSONS	CWIM LECCONE	PM SWIM LESSONS	SWIM LESSONS	fitness class	es.	
5:00 PM - 6:15PM	5:00 PM - 7:45PM	5:00 PM - 6:15PM	5:00 PM - 7:45PM			
3.00 FM = 0.13FM	3:00 PM = 7:43 PM	3.00 FM - 0.13FM	3.00 PM = 7.43 PM	When there i	s only	
Shallow Water		AQUA YOGA		one lifeguard		
<b>Cardio</b> 6:15PM - 7:00PM		6:15PM - 7:00PM		there will be		
				safety break implemented		
7:00 PM - 7:45PM		SWIM LESSONS		hour.		
7.00 PM - 7.43 PM		7:00 PM - 7:45PM				

## **Pool Operation Hours:**

	5:30AM - 2:00PM
<u>Monday</u>	4:00PM-7:45PM
Tuesday - Thursday	5:30AM-7:45PM
Friday	5:30 AM - 4:00 PM
Saturday	8:00AM-12:45PM

## **Steam and Sauna Operation Hours:**

	5:30AM - 2:00PM
Monday	4:00PM-7:45PM
Tuesday - Thursday	5:30AM-7:45PM
Friday	5:30 AM - 4:00 PM
Saturday	8:00AM-12:45PM