

# POOL SCHEDULE

## OCTOBER 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>OPEN SWIM / LAP SWIM</b> 5:30 AM - 2:00 PM	<b>OPEN SWIM / LAP SWIM</b> 5:30 AM - 5:00 PM	<b>OPEN SWIM / LAP SWIM</b> 5:30 AM - 5:00 PM	<b>OPEN SWIM / LAP SWIM</b> 5:30 AM - 5:00 PM	<b>OPEN SWIM / LAP SWIM</b> 5:30 AM - 4:00 PM	
<b>AQUA YOGA</b> 8:00AM - 8:45AM			<b>Shallow Water Cardio</b> 8:00AM - 8:45AM		<b>OPEN SWIM / LAP SWIM</b> 8:00 AM - 12:45 PM
	<b>Shallow Water Cardio</b> 9:00AM - 9:45AM				<b>SWIM LESSONS</b> 8:30 AM - 11:00AM
In designated areas only during classes (Lap lanes may not be available)	In designated areas only during classes (Lap lanes may not be available)	In designated areas only during classes (Lap lanes may not be available)	In designated areas only during classes (Lap lanes may not be available)		
<b>CLOSED</b> 2:00 PM - 4:00 PM					
<b>OPEN SWIM / LAP SWIM</b> 4:00 PM - 7:45 PM	<b>OPEN SWIM</b> 5:00 PM - 7:45 PM	<b>OPEN SWIM / LAP SWIM</b> 5:00 PM - 7:45 PM	<b>OPEN SWIM</b> 5:00 PM - 7:45 PM		
<b>SWIM LESSONS</b> 5:00 PM - 6:15PM	<b>SWIM LESSONS</b> 5:00 PM - 7:45PM	<b>SWIM LESSONS</b> 5:00 PM - 6:15PM	<b>SWIM LESSONS</b> 5:00 PM - 7:45PM		
<b>Shallow Water Cardio</b> 6:15PM - 7:00PM		<b>AQUA YOGA</b> 6:15PM - 7:00PM			
<b>SWIM LESSONS</b> 7:00 PM - 7:45PM		<b>SWIM LESSONS</b> 7:00 PM - 7:45PM			

**Please ask the lifeguard or see designated signs of where the open pool areas are during swim lessons and water fitness classes.**

**When there is only one lifeguard on duty there will be a 10min safety break implemented every hour.**

**Pool Operation Hours:**

	5:30AM - 2:00PM
<u>Monday</u>	4:00PM-7:45PM
<u>Tuesday - Thursday</u>	5:30AM-7:45PM
<u>Friday</u>	5:30 AM - 4:00 PM
<u>Saturday</u>	8:00AM-12:45PM

**Steam and Sauna Operation Hours:**

	5:30AM - 2:00PM
<u>Monday</u>	4:00PM-7:45PM
<u>Tuesday - Thursday</u>	5:30AM-7:45PM
<u>Friday</u>	5:30 AM - 4:00 PM
<u>Saturday</u>	8:00AM-12:45PM