



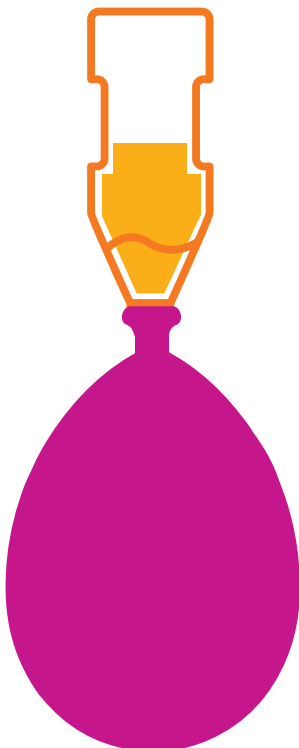
SQUEEZY FLOUR FRIENDS

ITEMS NEEDED:

- Flour
- Balloons
- Pen
- Plastic water bottle

2

Place the end of the balloon over the neck of the water bottle. Squeeze the flour into the balloon until it's firmly full of flour. Remove the balloon from the water bottle and tie the balloon in a knot.



1

Clean and dry your water bottle. Then fill it with flour!



3

Decorate the balloon with eyes and smiley faces!

