



LOWE'S Y AQUATICS SCHEDULE

February 2020

Multi-Purpose Pool

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY/WEDNESDAY/FRIDAY:

Open side of Multi will always be open except for the following times (Water park is always open):

9:00 AM-9:45 AM WATER EXERCISE:

See Group Ex Schedule

10:00 AM-10:45 AM WATER EXERCISE

See Group Ex Schedule

3:45 PM-9:00 PM Swim Team

Monday/Wednesday (1 Lane Available)

4:30 PM-6:00 PM Swim Team

Friday (2 Lanes Available)

4:30 PM-8:00 PM Swim Lessons

(1 Lane Available)

TUESDAY/THURSDAY

Open side of Multi will always be open except for the following times (Water park is always open):

9:30 AM-10:15 AM WATER EXERCISE:

See Group Ex Schedule

3:45 PM-8:15 PM Swim Team

(1-2 Lanes Available)

4:30 PM-8:00 PM Swim Lessons (1-2 Lanes

Available)

SATURDAY

MULTI-PURPOSE

7:30 AM- Swim Team

9:30 AM (1-2 Lanes)

9:00 AM- Swim Lessons

12:30 PM

SUNDAY

No Programming

Saturday February 8th the pool will close at 2:00 PM for a Swim Meet

WELCOME TO THE POOL!

- Please familiarize yourself with the pool rules before swimming
- The water park side and vortex are always open!
- Our lifeguards are here to keep you safe, please make sure to listen to any of their directions and do not hesitate to ask for help
- Remember, children under 13 must take the swim test, see our rules or ask a lifeguard for more information
- A yellow band and height requirement is required to use the slides. Slides may be closed during operating hours briefly to ensure pool safety

SLIDE HOURS (With enough Guards):

Monday-Friday: Ask a Guard at anytime to see if available

Saturday: 10:00 AM-2:30 PM

Sunday: 2:00 PM-5:00 PM

AQUATICS DIRECTOR

Lizzy.Seaquist@YMCACharlotte.org

SWIM LESSONS

LowesSwimLessons@ymcacharlotte.org



LOWE'S Y AQUATICS SCHEDULE

February 2020

Lap Pool

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MONDAY/WEDNESDAY/FRIDAY:

All four lanes will be available except for at the following times:

3:00–9:00 PM Swim Team
Monday/Wednesday (1 Lane Available for Lap Swim)

4:30 PM–6:00 PM Swim Team
Friday (1 Lane Available for Lap Swim)

TUESDAY/THURSDAY

All four lanes will be available except for at the following times:

3:45 PM–9:00 PM Swim Team
(1 Lane Available for Lap Swim)

SATURDAY

All four lanes will be available except for at the following times:

9:30 AM– Masters Swim
11:00 AM 1 Lane Available for Lap Swim
(Practice open to all)

SUNDAY

All four lanes will be available except for at the following times:

1:00 PM– Masters Swim
2:30 PM 1 Lane Available for Lap Swim
(Practice Open to All)

Saturday February 8th the pool will close at 2:0 PM for a Swim Meet

WELCOME TO THE POOL!

- The lane next to the window will always be for lap swim this month
- Please familiarize yourself with the pool rules before swimming
- Our lifeguards are here to keep you safe, please make sure to listen to any of their directions and do not hesitate to ask for help
- Sharing is caring: During busy times, swimmers will need to share lanes. With two to a lane, please split the lane. With three or more to a lane, please circle swim. Ask the lifeguards for help if needed

AQUATICS DIRECTOR

Lizzy Seaquist
Lizzy.Seaquist@YMCACharlotte.org

SWIM TEAM

Coach Tammie
coachtammie@gmail.com

JOIN OUR STAFF TEAM!

We are hiring Lifeguards and Swim Instructors to be a part of our Aquatic's team. Training provided free of cost.
Email Lizzy.Seaquist@YMCACharlotte.org for more information.