



LOWE'S YMCA POOL SCHEDULE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY															
TIMES	Lap	MP	Lap	MP	Lap	MP	Lap	MP	Lap	MP	Lap	MP	Lap	MP														
5AM	LANES AVAILABLE FOR RESERVATIONS IN GRAY AREAS																											
6AM															Swim Team <small>(1 lane available)</small>		Swim Team <small>(1 lane available)</small>		Swim Team <small>(1 lane available)</small>		Swim Team <small>(1 lane available)</small>							
7AM															6-7:30AM		6-7:30AM		6-7:30AM		6-7:30AM				Swim Team 7-9AM			
8AM																Water Ex 8:30-11AM		Water Ex 8:30-11AM		Water Ex 8:30-11AM		Water Ex 8:30-11AM		Water Ex 8:30-11AM				
9AM																												
10AM																												
11AM																									Masters Swim 11AM-12PM			
12PM																		Homeschool Swim 12-1PM										
1PM																												
2PM																											Special Olympics <small>(1 lane available)</small> 1:30-4PM	
3PM																												
4PM															Swim Team 4-8PM		Swim Team 4-8PM	Swim Team 4-5:30PM	Swim Team 4-8PM		Swim Team 4-8PM	Swim Team 4-5:30PM	Swim Team 4-6:30PM					
5PM																												
6PM																												
7PM																												

This schedule may be altered to accommodate program needs at any time.

The Vortex, Beach Front, Slides and Lane Reservations are open/available during the gray areas.

Lap Lane Reservations are recommended and available on the YCLT+ app.
All cool pool lanes are shared, while the warm pool has a single lane option.

Adult Supervision:

- Children 0-5 years must be accompanied by an adult within arm's reach at all times
- Children 5-9 must have active adult supervision on the pool deck at all times
- Youth 10-12 may use pools without a designated adult if they are a green band swimmer

Severe Weather: In the event that lightning or thunder is present in our area, the Y requires immediate closure of all pools. Pools will remain closed until 30 minutes past the last visible lightning strike or sound of thunder.