

# DOWD POOL SCHEDULE

# APRIL 2021



## COOL POOL

SUN	MON	TUE	WED	THUR	FRI	SAT
CLOSED	6:00-1:00PM OPEN	6:00-1:00PM OPEN	6:00-1:00PM OPEN	6:00-1:00PM OPEN	6:00-1:00PM OPEN	7:00a-4:00PM OPEN
	1:00-4:00PM CLOSED	1:00-4:00PM CLOSED	11:00-12:00PM WATER FITNESS	1:00-4:00PM CLOSED	1:00-4:00PM CLOSED	
	4:00-9:00PM OPEN	4:00-9:00PM OPEN	4:00-7:00PM OPEN	4:00-9:00PM OPEN	4:00-9:00PM OPEN	
	7:00-8:00PM MASTERS		7:00-8:00PM MASTERS			
	8:00-9:00PM OPEN		8:00-9:00PM OPEN			

## WARM POOL

SUN	MON	TUE	WED	THUR	FRI	SAT
CLOSED	6:00-1:00PM OPEN	6:00-1:00PM OPEN	6:00-1:00PM OPEN	6:00-1:00PM OPEN	6:00-1:00PM OPEN	7:00a-9:00AM OPEN
	8:30-9:30AM WATER FITNESS	1:00-4:00PM CLOSED	1:00-4:00PM CLOSED	1:00-4:00PM CLOSED	1:00-4:00PM CLOSED	9:00AM-11:00AM GROUP LESSONS
	1:00-4:00PM CLOSED					11:00AM-4:00PM OPEN
	4:00-9:00PM OPEN	4:00-9:00PM OPEN	4:00-9:00PM OPEN	4:00-9:00PM OPEN	4:00-9:00PM OPEN	

- POOL CLOSED
- 1 LANE RESERVED
- 2 LANES RESERVED

## LAP LANE | SINGLE LANE

This reservation is for single swimmer/household lap swim. Members of the same household may use the same lap lane during their reserved time.

## LAP LANE | SHARED LANE




This reservation is for an individual swimmer who will share a lane with a second individual reservation not from the same household, yielding two swimmers in the lane who will start on opposite ends of the pool.

## PRIVATE LESSONS




Whether you are interested in getting comfortable in the water for the first time, improving your form or swimming faster, we can develop a program to suit your needs. An instructor will work with you to determine the best path to help you achieve your personal goals. **Contact > [DowdSwimLessons@ymcacharlotte.org](mailto:DowdSwimLessons@ymcacharlotte.org)**

## MASTERS

A program by the United Masters Swimming, the USMS provides organized workouts, competitions, clinics and workshops for adults 18 years and older. Whether you swim for physical fitness benefits or are a competitive swimmer, you can improve your stroke technique and physical fitness in this program. All skill levels are welcome. **Contact> [DowdSwimLessons@ymcacharlotte.org](mailto:DowdSwimLessons@ymcacharlotte.org)**

-  POOL CLOSED
-  1 LANE OPEN
-  2 LANES OPEN



-  POOL CLOSED
-  1 LANE RESERVED
-  2 LANES OPEN