

YMCA of Greater Charlotte Basketball League Rules Grid

Game Management	KINDERGARTEN	1st-2nd Grade	3rd-4th Grade	5th-6th Grade	7th-8th Grade & Older
Ball Size	27.5	27.5	28.5	Girls 28.5 Co-ed 29.5	Girls 28.5 Co-ed 29.5
Net Height	8'	8'	Girls 9' Co-ed 10'	10'	10'
Score Kept	NO	NO	YES	YES	YES
Number of Officials	N/A (Coaches)	1	1	2	2
Coaching	1 Coach on court per team	Own Teams Bench Area	Own Teams Bench Area	Own Teams Bench Area	Own Teams Bench Area
Switch Baskets at Half	NO	YES	YES	YES	YES
Time Outs	2 - 30 Seconds	2 - 30 Seconds	2 - 30 Seconds	4 - 30 Seconds	4 - 30 Seconds
Free Throws	NO - Inbound at Half-Court	NO - Inbound at Half-Court	YES	YES	YES
Playing Time	Equal Playing Time (Sub every 5 Min)	Equal. Sub Every 5 Minutes	Equal Playing Time	Equal Playing Time	Equal Playing Time
Clock Stoppages	N/A	N/A	Dead ball last 2 minutes of 2nd half	Dead ball last 2 minutes of 2nd half	Dead ball last 2 minutes of 2nd half
Game Time	2 - 10 Minute Halves	2 - 15 Minute Halves	2 - 20 Minute Halves	2 - 20 Minute Halves	2 - 20 Minute Halves
Play					
Start/Jump Ball	Away starts with ball	Away starts with ball	Away starts with ball	Yes to start game	Yes to start game
Backcourt Violation	NO	Yes, but no time limit to cross	Yes, 10 seconds to cross	Yes, 10 seconds to cross	Yes, 10 seconds to cross
Lane & Inbounding Violation	NO to Both	NO to both	3 second lane & 5 second inbound	3 second lane & 5 second inbound	3 second lane & 5 second inbound
5 Seconds/Closely Guarded	NO	NO	NO	Yes, dead ball only	Yes, dead ball only
Stealing	NO, Coaching Moment	NO - 1H Coaching moment, 2H Violation	YES	YES	YES
Set Defense	Man to Man	Man to Man NO help defense	Man to Man WITH help defense	Any Defense	Any Defense
Press Defense	No - Set up at 3 point line	No - Set up at 3 point line	No - Set up at Volleyball line	Half Court. Full Court last 2 minutes of 2H	Half Court. Full Court last 2 minutes of 2H
Overtime	NO	NO	NO	Only in Tournament	Only in Tournament
Double Team	NO	NO	NO	YES	YES
Fouls					
Common Fouls		Goaltending	Offensive team receives the basket		
		Lane Violation	Change of possession		
		Traveling	Change of possession		
		Palming	Change of possession		
		Shooting Foul	Free throws; If applicable age group		
		Technical Foul	Free throw to opponent and meeting with sports staff		
Half-Time = 3 Minutes Home = Light side of jersey Away = Dark side of jersey					