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## Flag Football Circuit CSA-YMCA FAQs Fall 2021

- **What is the YMCA Flag Football Circuit?**
  - o Our flag football circuit is a recreational league for youth athletes ages 6-17.
  - o This flag football circuit is played throughout the YMCA branches in a regional model, and will focus on practices that develop the fundamental skills needed to play the game.
  - o The flag football circuit is a true recreational flag football program where we offer 50% playing time in games for our athletes throughout the season.
  
- **What does the regional model consist of?**
  - o We no longer have branch specific sports. Athletes that sign up for a region will have games and practices at the branches within that region, throughout the season.
  
- **What are the different regions?**
  - o When registering, double check what region you are registering for using the list below:
    - North: Lake Norman, Lincoln County, Lowes, & Sally's
    - Central North: Johnston, Keith, McCrorey & Simmons
    - Central South: Dowd, Harris, & Stratford Richardson
    - South: Brace, Morrison & Steele Creek
  
- **Can I sign up in any region?**
  - o Yes, you are welcome to register for any region but please note that our regions are set up geographically near each other.
  
- **When will registration open?**
  - o Registration is currently open for all.
  
- **What divisions are being offered?**
  - o North: U8-U16 Coed
  - o Central North: U8-U14 Coed
  - o Central South: U8-U18 Coed
  - o South: U8-U18 Coed
  - o Prices
    - Members
      - \$100
    - Program participants
      - \$140
    - My Y Pricing will be applied to member and non-members still
  
- **What are the meeting days and times?**
  - o Practices will take place Monday-Friday between 5:00-8:00pm for 55 minutes for U8-U18.
  - o U14-U18 divisions may practice up to twice a week.
  - o Games will take place Saturday between 8:00am-7:00pm for U8-U18 teams
  
- **Will practices and games be held at the branch I register at?**
  - o Practices and games will be held at YMCA facilities where field space is available or at CMS facilities where agreements currently exist within your region.
  - o We will do our best to create a consistent practice and game schedule for each team
  - o Schedules will be released in advance of the start of the season.



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- **How will practice and game locations be determined?**
  - o Practice locations will be determined by the region you sign up for. Practices can be held at any of the branches within the region, but will be consistent throughout the season.
  - o Game locations will also be determined by the region you sign up for. Some branches may only hold a certain age group on game day due to field sizes, others may offer multiple age groups.
  
- **I have a unique request, can I communicate that to the league director?**
  - o Yes, we encourage you to put your preferences on your registration. We take preferences for friend requests, coach requests, and 1 day of the week you cannot practice.
  - o Not all requests are honored for a variety of reasons, but we make every effort to accommodate as many as possible.
  
- **What are the season dates?**
  - o Team assignments released: August 25th – August 30th
  - o Game schedules posted: By September 13th
  - o Official season start: Tuesday September 7th
  - o Game Day 1: September 18th
  - o Game Day 2: September 25th
  - o Game Day 3: October 2nd
  - o Game Day 4: October 9th
  - o Game Day 5: October 16th
  - o Game Day 6: October 23rd
  - o Game Day 7: October 30th
  - o Make up / tournaments: November 6th
  
- **How are uniforms handled?**
  - o The YMCA will provide your reversible jersey as part of your registration fee. Jerseys will be distributed the second week of practice. Teams will get a variety of sizes. Players are required to wear cleats and black shorts with their jersey which is not provided by the YMCA.
  
- **I am interested in becoming a volunteer coach – who do I contact?**
  - o Please visit the following link, and send your regional representative an email. Contacts can be found below. <https://www.ymcacharlotte.org/mission/join-the-mission/become-a-volunteer/coach-youth-sports>
  
- **I am a returning coach, how can I secure my spot to coach?**
  - o The same process for returning coaches, please visit the following link and send your regional representative an email. <https://www.ymcacharlotte.org/mission/join-the-mission/become-a-volunteer/coach-youth-sports>
  
- **Who do I contact if I have questions?**
  - o Individual branch front desks can answer basic information as well as register you for the program. Specific questions can be sent to the following:
    - North: [NorthSportsRegion@YMCACharlotte.org](mailto:NorthSportsRegion@YMCACharlotte.org)
      - Ryan Swengros can also answer regional questions via email at [Ryan.Swengros@YMCACharlotte.org](mailto:Ryan.Swengros@YMCACharlotte.org)
    - Central North: [CentralNorthSportsRegion@YMCACharlotte.org](mailto:CentralNorthSportsRegion@YMCACharlotte.org)
      - Jennifer Jeffcoat can also answer regional questions via email at [Jennifer.Jeffcoat@YMCACharlotte.org](mailto:Jennifer.Jeffcoat@YMCACharlotte.org)



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- Central South: [CentralSouthSportsRegion@YMCACharlotte.org](mailto:CentralSouthSportsRegion@YMCACharlotte.org)
  - Tony Williams can also answer regional questions at [Tony.Williams@YMCACharlotte.org](mailto:Tony.Williams@YMCACharlotte.org)
- South: [SouthSportsRegion@YMCACharlotte.org](mailto:SouthSportsRegion@YMCACharlotte.org)
  - Steven Crespo can also answer regional questions [Steven.Crespo@YMCACharlotte.org](mailto:Steven.Crespo@YMCACharlotte.org)