

POOL SCHEDULE

March 5th – April 8th



Cool Pool														
Time:		Monday	Tuesday	Wednesday	Thursday	Friday	Time:		Saturday	Sunday				
5 AM	9:45 AM	Open	Open	Open	Open	Open								
10 AM	11 AM	Open	Closed: Group Exercise	Open	Open	Open: 2-3 lanes reserved for Group Exercise					7 AM	8 AM	Open	
11:15 AM	12:15 PM	Open	Open	Open: 2-3 lanes reserved for Group Exercise	Open	Open					8 AM	12 PM	Open	
12:30 PM	1:30 PM	Open	Open	Open	Open	Open					12 PM	1 PM	Open	Up to 3 Lanes Reserved For Swim Team
1:45 PM	2:45 PM	Open	Open	Open	Open	Open					1 PM	2 PM	Open	Open
3 PM	5 PM	Open	Open	Open	Open	Open					2 PM	3:30 PM	Open	Open
5 PM	6 PM	Open	Open	3 Lanes Reserved For Swim Team	Open	3 Lanes Reserved For Swim Team					3:30 PM	5 PM		Open
6 PM	7 PM	Masters Swim Team	Open	Masters Swim Team	Open	Open								
7 PM	8 PM	Masters Swim Team	Open	Masters Swim Team	Open	Open								
8 PM	9 PM	Open	Open	Open	Open									

Peak Times: (M-F) 5am-8:30am, 12:30pm-1:30pm, & 5pm-7pm
 (SAT) 7am-1pm (Sun) 12pm-3pm
 (Open lanes during peak times are limited – Reservations Required)

Pool Breaks:
 (M-F) 9:45AM-10AM, 11AM-11:15AM, 12:15PM-12:30PM, 1:30PM-1:45PM, & 2:45PM-3PM
 Pool Breaks are required for lifeguard compliance. Reservations are in line with these breaks.

Reservations Required: and available on the YCLT+ App or on our website (ymcacharlotte.org). All cool pool reservations are shared lanes, while the warm pool has a single lane option. Please note that if specific time blocks are not reservable online then it will be in line with our staffing ratios.