GYMNASTICS: PARENT/CHILD & PRESCHOOL

Online or in-person registration is available for this program . Payment schedule available for most programs. 3 payments: SEP | OCT | NOV with SEP payment due at time of registration.

 Please note: There will be no Gymnastics Classes OCT 23 for a Gymnastics Meet and NOV 24 - 26 for the Thanksgiving Holiday.

 DATE(S)
 DAY(S)
 TIME
 MBR
 PRG
 REGISTER (MBR | PRG)

 PARENT/CHILD (1 - 3 yrs)

	TUES	10:30 AM -	11:15 AM			
Sep 11 - Dec 11	THUR	9:30 AM -	10:15 AM	\$135	\$175	JUN 1 JUN 15
	SAT	11:00 AM -	11:45 AM			

PRESCHOOL GYMNASTICS* (3 - 5 yrs)

Children are developing independence, learning how to stay with a group and beginning to follow directions. Our primary focus is gross motor development, improving coordination and strength and early gymnastics fundamentals, all within a fun and safe environment. Each week we will help your child learn to follow directions, gain body awareness and develop gross motor strength and coordination. As these skills develop, so will a sense of confidence and independence that will set them up for success wherever they go!

	The	Christmas Show le	otard/outfit is i	ncluded in the cost of this	class.	
	MON	1:30 PM - 4:15 PM -	2:15 PM 5:00 PM			
Sep 11 - Dec 11	TUES	9:30 AM - 1:30 PM -	10:15 AM 2:15 PM	\$152	\$198	JUN 1 JUN 15
	WED	<u>4:45 PM</u> - 1:30 PM - 4:15 PM -	5:30 PM 2:15 PM 5:00 PM			
	THUR	10:30 AM - 1:30 PM -	11:15 AM 2:15 PM			
	SAT	9:00 AM - 10:00 AM -	9:45 AM 10:45 AM			
	MON & WED	1:30 PM -	2:15 PM	\$304	\$396	

*Children will be split by age and ability in these classes.

PRIVATE & SEMI-PRIVATE GYMNASTICS (4 - 20 yrs)

Whether you are a beginner or looking to up your gymnastics or cheer competition skills, we will match you with a coach that can help you achieve your goal.

By Appointment	Private (1 on 1)	45 minutes	\$40/class	\$40/class	- JUN 1 JUN 15
By Appointment	Semi-Private (2 on 1)	1 hour	\$60/class	\$60/class	

CHRISTMAS SHOW: December 6 - 11

Join us as we showcase the skills our gymnasts learned this semester. Don't forget to bring your camera!

Participants need to wear their show leotard or shirts/shorts. The cost of the leotard/outfit is in included in the class fee. Show days and times will be released

closer to the date.

LOCATION HARRIS YMCA - Gymnastics Center

GYMNASTICS ATTIRE

Girls: Leotard, bare feet, bike shorts and shirts acceptable. Hair must be pulled back and no jewelry allowed. **Boys:** Shorts or sweatpants, T-shirt, bare feet.

Contact: Marta Clarkson, Gymnastics Director 704 716 6861 | marta.clarkson@ymcacharlotte.org