



**SUMMER  
DAY CAMP**  
**BE YOU**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 2022 SUMMER DAY CAMP FAMILY HANDBOOK

**LINCOLN COUNTY YMCA**

# WELCOME!

By choosing to send your camper to a YMCA Day Camp, you are choosing more than a summer day care service. YMCA of Greater Charlotte day camps are centered on improving the well-being of campers. We at the Lincoln County YMCA believe in each camper's individuality and intentionally focus programs and services on three areas of development: **friendship, accomplishment** and **belonging**. We work to create a safe and vibrant environment that allows campers to:

- Learn and master skills that nurture their passions, talents and potential
- Bond with new friends and positive staff role models to create lasting memories
- Know they belong so they feel welcome and free to express who they are

We are committed to giving you all the information you need to be prepared and have an awesome camp experience! You'll receive a "Welcome to Camp" email with detailed camp information the Friday before your camper's camp begins. Please read through it thoroughly. If you do not receive an email the Friday prior to camp starting, please contact your director at [Francine.Molina@ymcacharlotte.org](mailto:Francine.Molina@ymcacharlotte.org).

## DROP-OFF AND PICK-UP

Please help us keep camp on schedule by dropping off and picking up your camper on time. Please note that preschool camps **DO NOT** have early drop-off or late pick-up.

### DROP-OFF

**School-age Summer Camp:** 7:00 AM - 9:00 AM

**Preschool Camp:** 9:00 AM

### PICK-UP

**Preschool Camp:** 1:00 PM

**Full-Day Camp:** 4:00 PM - 6:00 PM

### DRIVING INSTRUCTIONS

- Enter the Lincoln County YMCA by the entrance closest to our playground on East Gaston Street.
- Pull by tent where staff will come to your car at drop off and come out to your car at pick up to take and bring your camper to and from camp

# CONTACT US

## Contact our directors directly:

Lance Friday, Operations Director  
[Lance.Friday@ymcacharlotte.org](mailto:Lance.Friday@ymcacharlotte.org) | 704 716 4505

Francine Molina, Youth Development Director  
[Francine.Molina@ymcacharlotte.org](mailto:Francine.Molina@ymcacharlotte.org) | 704 716 4506

Morgan Ellis, Membership Director  
[Morgan.Ellis@ymcacharlotte.org](mailto:Morgan.Ellis@ymcacharlotte.org) | 704 716 4507

# PAYMENT AND CANCELLATION SCHEDULE

To cancel camp or to make any changes to a week, please go to [ymcacharlotte.org](http://ymcacharlotte.org), search Customer Support Hub, and fill out the program cancellation form. You must cancel 8 days prior to the start date to receive any type of refund or credit. If you are making a change, you must re-purchase the new week based on what is available after cancelling the current week scheduled. All payments are due on the 1<sup>st</sup> and 15<sup>th</sup> of the month depending on which camps you choose. You may refer to the registration form for this information.

# CAMP SCHEDULE

While individual camp agendas vary, here's what a typical day at camp looks like at the Lincoln County YMCA:

## FULL-DAY CAMP

7:00 AM – 9:00 AM: Drop-off car line  
9:00 AM – 10:00 AM: Morning snack and morning assembly  
10:00 AM – 12:00 PM: Enrichment and Literacy  
12:00 PM – 1:00 PM: Lunch  
1:00 PM – 4:00 PM: Group Games, Team Building  
4:00 PM – 6:00 PM: Rides-Out

\*\*Every camp swims daily between the hours of 10:00am-3:00pm\*\*

## PRESCHOOL CAMP

9:00 AM: Drop-off  
9:00 AM – 9:30 AM: Morning activities and assembly  
9:30 AM -10:00 AM: Enrichment Activities  
10:00 AM – 11:00 AM: Snack, bathroom and centers  
11:00 AM – 12:00 PM: Splash Pad  
12:00 PM – 1:00 PM: Lunch, bathrooms, play centers

# HEAT ADVISORY

The safety and comfort of our campers is always our top priority and we want you to be aware of the changes we will make to our camp schedule on extremely hot days. Campers will have a rotation of being indoors and outdoors. If we have a heat advisory all campers will be brought indoors for activities.

# LUNCH INFORMATION

Please pack your camper's lunch daily. We aren't able to refrigerate lunches, so please pack them in a small cooler/lunch box with ice packs or frozen water bottles. Label everything! Please pack a water bottle daily with your camper's name on it. Also, please pack two snacks.

# MEDICAL AUTHORIZATION

Does your camper need to take medicine during the day? If so, use our form to give us your permission and the specific details about your camper's medication.

# PARENT FAQS

Here are some answers to our most frequently asked questions about day camp at the Lincoln County YMCA.

## **Does the Y provide lunch?**

We partner with our local school system and will advise parents via email communication when lunch would be provided. Families can pack a lunch for their campers as well.

## **Is there swimming at camp?**

Campers will swim daily, in separate groups between the hours of 10:00 AM and 4:00 PM. Preschool campers DO NOT swim but will play on the Splash Pad.

## **Should we put our name on our camper's belongings?**

Yes! Please label ALL items you are sending with your camper to camp. Check the camp's lost and found at the end of the week before items are donated.

## **Do we update pick up information or other personal information at the front desk?**

Yes, to ensure the safety of all campers in our programs, we need your most current information. The quickest and easiest way is to go to your account on the website.

## **Who is caring for my camper while he/she is at camp?**

Well-trained and energetic staff! Our counselors, camp staff and lifeguards are required to complete 30 hours of pre-camp training including CPR, First Aid, AED and Camper Abuse Prevention. We conduct background checks and drug screenings on all camp staff and

employees. Our counselors also learn camper development best practices as well as techniques to encourage all campers to be inclusive and celebrate our differences.

**What is your counselor to camper ratio? How many campers is one staff member responsible for?**

For our Preschool Aged Camps, our ratio is 1:6. For our School-aged Camps, our ratio is 1:10. For our Teen Camp our ration is 1:14.

## SUNSCREEN APPLICATION

Protecting skin from the sun's damaging rays is important. If you have specific questions about sunscreen application or if you have a camper with a sunscreen allergy, please contact your branch camp director.

- Apply sunscreen to your camper before arriving at camp — we will remind your campers and can assist with spray sunscreen but will not apply lotions to your camper.
- Send your preferred sunscreen labeled with your camper's name on it

## SWIM ASSESSMENT

Before swimming at camp, all campers are swim tested in the pool under the direct supervision of certified lifeguards and camp staff. Parents can help speed up our swim testing by having your camper swim tested before camp begins. Swim tests can be given at any YMCA of Greater Charlotte branch. If you are planning to have your camper take the swim test prior to his or her session, it must be completed by close of business the Wednesday before the session begins. Certified Life Vests are available for any camper not able to successfully pass our swim test.

## WHAT TO WEAR AND BRING

Check the weather daily and dress your camper accordingly — the camp day will continue rain or shine! Be sure to label **EVERYTHING** you send to camp with your camper and check the camp's lost and found at the end of the week before items are donated.

- Campers should dress comfortably in clothes that can get dirty
- Clean mask(s) for your camper if they are 5 years or older. Please attach a lanyard

to their mask so they can keep it on them to take off outside and put it back on inside without losing it.

- Pack a healthy lunch, water bottle and two snacks for morning and afternoon.
- Swimsuit and towel for swim time.
- Plastic bag for the wet swimsuit and towel.
- Please apply sunscreen before drop-off and send spray sunscreen.
- Campers who are not potty trained cannot attend camp.
- Book bag to hold all belongings that your camper can comfortably carry
- Campers will be outdoors 90% of the day so be prepared for hot weather days
- Please dress your kids in cool clothing for hot weather days (light colors, light fabric, hat and visor).
- We strongly recommend kids wear tennis shoes or closed toed shoes to protect their feet during camp activities.
- Please label everything