DOWD POOL SCHEDULE



COOL POOL

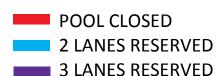
SUN	MON	TUE	WED	THUR	FRI	SAT
	5:00A - 12:15P OPEN	5:00A - 9:30A OPEN	5:00A - 11:15A OPEN	5:00A - 12:15P OPEN	5:00A -12:15P OPEN	7:00A - 3:30P OPEN
	12:15P - 4:00P CLOSED	9:30A - 10:30A WATER FITNESS	11:15A - 12:15P WATER FITNESS	1:00P - 4:00P CLOSED	12:15P - 4:00P CLOSED	3:30P - 6:00P CLOSED
CLOSED	4:00P - 7:00P OPEN	10:30A - 12:15P OPEN	12:15P - 4:00P CLOSED	4:00P - 9:00P OPEN	4:00P - 8:00P OPEN	
	6:00P - 7:00P MASTERS SWIM	12:15P - 4:00P CLOSED	4:00P - 7:00P OPEN			
	7:00P - 8:00P MASTERS SWIM	4:00P - 9:00P OPEN	6:00P - 7:00P MASTERS SWIM			
	8:00P - 9:00P OPEN		7:00P - 8:00P MASTERS SWIM			
			8:00P - 9:00P OPEN			

WARM POOL

SUN	MON	TUE	WED	THUR	FRI	SAT
CLOSED	6:00A - 1:00P OPEN	6:00A - 1:00P OPEN	6:00A - 1:00P OPEN	6:00A - 1:00P OPEN	6:00A - 1:00P OPEN	7:00A - 8:00A CLOSED
	8:30A - 9:30A WATER FITNESS	1:00P - 4:00P CLOSED	1:00P - 4:00P CLOSED	1:00P - 4:00P CLOSED	8:30A - 9:30A WATER FITNESS	8:00A - 9:00A WATER FITNESS
	9:45A - 1:00P CLOSED	4:00P - 9:00P OPEN	4:00P - 9:00P OPEN	4:00P - 9:00P OPEN	10:00A - 1:00P OPEN	9:15A - 3:15P OPEN
	1:00P - 4:00P CLOSED				1:00P - 4:00P CLOSED	3:15 - 6:00P CLOSED
	4:00P - 9:00P OPEN				4:00P - 8:00P OPEN	

RESERVATIONS REQUIRED

Reservations are required and available on the YCLT+ App or on our website (ymcacharlotte.org). All cool pool reservations are shared lanes, while the warm pool has a single lane option. Members of the same household may use the same lap lane during their reserved time.



SAFETY BREAKS

Each pool will have a 15-minute safety break each hour during the following days / times. During this time, the pool will be cleared completely. Breaks for each pool will be at the following times:

Monday - Friday (5A - 1PM)

- Cool Pool: 6 6:15A, 7:15 7:30A, 8:30 8:45A, 9:45 10AM, 11 11:15A
- Warm Pool: 7 7:15A, 8:15 8:30A, 9:30 9:45A, 10:45 11A, 12 12:15P

Saturday (7AM - 3:30PM)

- Cool Pool: 8 8:15A, 9:15 9:30A, 10:30 10:45A, 11:45A 12PM, 1 1:15P, 2:15 2:30P
- Warm Pool: 9 9:15A, 10:15 10:30A, 11:30 11:45A, 12:45 1P, 2 2:15P