

DOWD POOL SCHEDULE

January 2022



COOL POOL

SUN	MON	TUE	WED	THUR	FRI	SAT
CLOSED	5:00A – 12:15P OPEN	5:00A – 9:30A OPEN	5:00A – 11:15A OPEN	5:00A – 12:15P OPEN	5:00A – 12:15P OPEN	7:00A – 3:30P OPEN
	12:15P – 4:00P CLOSED	9:30A – 10:30A WATER FITNESS	11:15A – 12:15P WATER FITNESS	1:00P – 4:00P CLOSED	12:15P – 4:00P CLOSED	3:30P – 6:00P CLOSED
	4:00P – 7:00P OPEN	10:30A – 12:15P OPEN	12:15P – 4:00P CLOSED	4:00P – 9:00P OPEN	4:00P – 8:00P OPEN	
	6:00P – 7:00P MASTERS SWIM	12:15P – 4:00P CLOSED	4:00P – 7:00P OPEN			
	7:00P – 8:00P MASTERS SWIM	4:00P – 9:00P OPEN	6:00P – 7:00P MASTERS SWIM			
	8:00P – 9:00P OPEN		7:00P – 8:00P MASTERS SWIM			
			8:00P – 9:00P OPEN			

WARM POOL

SUN	MON	TUE	WED	THUR	FRI	SAT
CLOSED	6:00A – 1:00P OPEN	6:00A – 1:00P OPEN	6:00A – 1:00P OPEN	6:00A – 1:00P OPEN	6:00A – 1:00P OPEN	7:00A – 8:00A CLOSED
	8:30A – 9:30A WATER FITNESS	1:00P – 4:00P CLOSED	1:00P – 4:00P CLOSED	1:00P – 4:00P CLOSED	8:30A – 9:30A WATER FITNESS	8:00A – 9:00A WATER FITNESS
	9:45A – 1:00P CLOSED	4:00P – 9:00P OPEN	4:00P – 9:00P OPEN	4:00P – 9:00P OPEN	10:00A – 1:00P OPEN	9:15A – 3:15P OPEN
	1:00P – 4:00P CLOSED				1:00P – 4:00P CLOSED	3:15 – 6:00P CLOSED
	4:00P – 9:00P OPEN				4:00P – 8:00P OPEN	

RESERVATIONS REQUIRED

Reservations are required and available on the YCLT+ App or on our website (ymcacharlotte.org). All cool pool reservations are shared lanes, while the warm pool has a single lane option. Members of the same household may use the same lap lane during their reserved time.

- POOL CLOSED
- 2 LANES RESERVED
- 3 LANES RESERVED

SAFETY BREAKS

Each pool will have a 15-minute safety break each hour during the following days / times. During this time, the pool will be cleared completely. Breaks for each pool will be at the following times:

Monday – Friday (5A – 1PM)

- Cool Pool: 6 – 6:15A, 7:15 – 7:30A, 8:30 – 8:45A, 9:45 – 10AM, 11 – 11:15A
- Warm Pool: 7 – 7:15A, 8:15 – 8:30A, 9:30 – 9:45A, 10:45 – 11A, 12 – 12:15P

Saturday (7AM – 3:30PM)

- Cool Pool: 8 – 8:15A, 9:15 – 9:30A, 10:30 – 10:45A, 11:45A – 12PM, 1 – 1:15P, 2:15 – 2:30P
- Warm Pool: 9 – 9:15A, 10:15 – 10:30A, 11:30 – 11:45A, 12:45 – 1P, 2 – 2:15P