

# DO MORE BE MORE



**MORRISON FAMILY YMCA**  
9405 Bryant Farms Road  
Charlotte NC 28277

## MARCH 22ND-MAY 22ND | ANDY ELLIOTT COURT SCHEDULE

|                 | MON                                 | TUE                                 | WED   | THUR  | FRI   | SAT                                 | SUN                                  |
|-----------------|-------------------------------------|-------------------------------------|---|---|---|-------------------------------------|--------------------------------------|
| 5:00 AM         | <p>OPEN GYM</p> <p>5 AM-8:45 PM</p> | <p>OPEN GYM</p> <p>5 AM-8:45 PM</p> | <p>OPEN GYM</p> <p>5 AM-9 AM</p>                  | <p>OPEN GYM</p> <p>5 AM-7:15 PM</p> <p>Forest Hill</p> <p>7:30 PM-9:00 PM</p> | <p>OPEN GYM</p> <p>5 AM-9 AM</p>                  | <p>OPEN GYM</p> <p>7 AM-4:45 PM</p> | <p>OPEN GYM</p> <p>12 PM-4:45 PM</p> |
| 6:00 AM         |                                     |                                     |   |   |   |                                     |                                      |
| 7:00 AM         |                                     |                                     |   |   |   |                                     |                                      |
| 8:00 AM         |                                     |                                     |   |   |   |                                     |                                      |
| 9:00 AM         |                                     |                                     | <p>Athletic Conditioning</p> <p>9 AM-10:30 AM</p> |   | <p>Athletic Conditioning</p> <p>9 AM-10:30 AM</p> |                                     |                                      |
| 10:00 AM        |                                     |                                     |   |   |   |                                     |                                      |
| 11:00 AM        |                                     |                                     |   |   |   |                                     |                                      |
| 12:00 PM        |                                     |                                     |   |   |   |                                     |                                      |
| 1:00 PM         |                                     |                                     |   |   |   |                                     |                                      |
| 2:00 PM         |                                     |                                     |   |   |   |                                     |                                      |
| 3:00 PM         |                                     |                                     | <p>OPEN GYM</p> <p>10:30 AM-8:45 PM</p>           |   | <p>OPEN GYM</p> <p>10:30 AM-8:45 PM</p>           |                                     |                                      |
| 4:00 PM         |                                     |                                     |   |   |   |                                     |                                      |
| 5:00 PM         |                                     |                                     |   |   |   |                                     |                                      |
| 6:00 PM         |                                     |                                     |   |   |   |                                     |                                      |
| 7:00 PM         |                                     |                                     |   |   |   |                                     |                                      |
| 8:00 PM         |                                     |                                     |   |   |   |                                     |                                      |
| FACILITY CLOSED |                                     | OPEN GYM                            |   | PROGRAM AREA - Open to registered program participants                        |   |                                     |                                      |

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9405 Bryant Farms Road  
Charlotte NC 28277

## MARCH 22ND-MAY 22ND | ADULT GYM COURT B SCHEDULE

|                 | MON                                | TUE                                   | WED                                   | THUR   | FRI                                | SAT                      | SUN                       |  |
|-----------------|------------------------------------|---------------------------------------|---------------------------------------|--|------------------------------------|--------------------------|---------------------------|--|
| 5:00 AM         | Athletic Conditioning<br>5 AM-7 AM | Athletic Conditioning<br>5 AM-7 AM    | Athletic Conditioning<br>5 AM-7 AM    | Athletic Conditioning<br>5 AM-7 AM                     | Athletic Conditioning<br>5 AM-7 AM |                          |                           |  |
| 6:00 AM         |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 7:00AM          | OPEN GYM<br>7 AM-8:45 PM           | OPEN GYM<br>7 AM-5:45 PM              | OPEN GYM<br>7 AM-5:45 PM              | OPEN GYM<br>7 AM-7:15 PM                               | OPEN GYM<br>7 AM-8:45 PM           | OPEN GYM<br>7 AM-4:45 PM | OPEN GYM<br>12 PM-4:45 PM |  |
| 8:00 AM         |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 9:00AM          |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 10:00 AM        |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 11:00 AM        |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 12:00 PM        |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 1:00 PM         |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 2:00 PM         |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 3:00 PM         |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 4:00 PM         |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 5:00 PM         |                                    |                                       |                                       |  |                                    |                          |                           |  |
| 6:00 PM         |                                    | Adult Basketball Leagues<br>6 PM-9 PM | Adult Basketball Leagues<br>6 PM-9 PM |  |                                    |                          |                           |  |
| 7:00 PM         |                                    |                                       |                                       |  | Forest Hill                        |                          |                           |  |
| 8:00 PM         |                                    |                                       |                                       |  | 7:30 PM-9:00 PM                    |                          |                           |  |
| FACILITY CLOSED |                                    | OPEN GYM                              |                                       | PROGRAM AREA - Open to registered program participants |                                    |                          |                           |  |

**Youth Programs have first right of refusal in inclement weather.**

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**MORRISON FAMILY YMCA**  
9405 Bryant Farms Road  
Charlotte NC 28277

## MARCH 22ND-MAY 19TH | YOUTH & TEEN GYM SCHEDULE

|                        | MON   | TUE   | WED   | THUR  | FRI   | SAT                            | SUN                       |
|------------------------|---|---|---|---|---|--------------------------------|---------------------------|
| 5:00 AM                | OPEN GYM<br>5 AM-9 AM                                   | OPEN GYM<br>5 AM-9 AM                                   | OPEN GYM<br>5 AM-9 AM                                   | OPEN GYM<br>5 AM-9 AM   | OPEN GYM<br>5 AM-9 AM                                   | OPEN GYM<br>7 AM-11:45 AM      |                           |
| 6:00 AM                |   |   |   |   |   |                                |                           |
| 7:00AM                 |   |   |   |   |   |                                |                           |
| 8:00 AM                |   |   |   |   |   |                                |                           |
| 9:00AM                 | OPEN GYM<br>Youth Programs given first right of refusal | OPEN GYM<br>Youth Programs given first right of refusal | OPEN GYM<br>Youth Programs given first right of refusal | OPEN GYM<br>Youth Programs given first right of refusal       | OPEN GYM<br>Youth Programs given first right of refusal | Volleyball Games<br>12 PM-4 PM | OPEN GYM<br>12 PM-4:45 PM |
| 10:00 AM               |   |   |   |   |   |                                |                           |
| 11:00 AM               |   |   |   |   |   |                                |                           |
| 12:00 PM               |   |   |   |   |   |                                |                           |
| 1:00 PM                | Afterschool<br>2 PM-6 PM                                | Afterschool<br>2 PM-6 PM                                | Afterschool<br>2 PM-6 PM                                | Afterschool<br>2 PM-6 PM                                      | Afterschool<br>2 PM-6 PM                                | OPEN GYM<br>4 PM-4:45 PM       |                           |
| 2:00 PM                |   |   |   |   |   |                                |                           |
| 3:00 PM                |   |   |   |   |   |                                |                           |
| 4:00 PM                |   |   |   |   |   |                                |                           |
| 5:00 PM                | Volleyball<br>6 PM - 7 PM                               | OPEN GYM  | Volleyball<br>6 PM - 7 PM                               | Volleyball<br>6 PM - 8 PM                                     | OPEN GYM  |                                |                           |
| 6:00 PM                |   |   |   |   |   |                                |                           |
| 7:00 PM                |   |   |   |   |   |                                |                           |
| 8:00 PM                | OPEN GYM<br>7 PM-8:45 PM                                | 6 PM-8:45 PM  | OPEN GYM<br>7 PM-8:45 PM                                | OPEN GYM<br>8 PM - 8:45 PM                                    | 6 PM-8:45 PM  |                                |                           |
| <b>FACILITY CLOSED</b> |   | <b>OPEN GYM</b>   |   | <b>PROGRAM AREA - Open to registered program participants</b> |   |                                |                           |