



LOWE'S YMCA Operating Hours

Branch Hours

Monday – Friday	6AM-1PM 4PM-8PM
Saturday	7AM-4PM
Sunday	12PM-4PM

Group Exercise Schedule can be found online or on the YMCA of Greater Charlotte app.

At this time, our Y Kids centers are closed. We know childcare is important to our members, and our team is busy preparing to reopen Y Kids with safety as our top priority.

For your safety, the steam room, sauna, and racquetball courts are closed and the gymnasium is closed to basketball/pickup games.

Pool*

Monday/Tuesday/ Thursday/Friday	7:30AM-1PM 6:30PM-8PM <small>(MF cool pool only 9:30-11AM)</small>
Wednesday	7:30AM-1PM <small>(cool pool only 9:30-11AM)</small>
Saturday	7:30AM-4PM
Sunday	12:30PM-4PM

*Lap Swimmers must reserve a lane and time through the Charlotte YMCA app. Family swim is first come, first serve for availability.