



# LOWE'S YMCA POOL SCHEDULE

Effective January 13

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY															
TIMES	Lap	MP	Lap	MP	Lap	MP	Lap	MP	Lap	MP	Lap	MP	Lap	MP														
5AM	LANES AVAILABLE FOR RESERVATIONS IN GRAY AREAS																											
6AM															Swim Team <small>(2 lane available)</small>		Swim Team		Swim Team <small>(2 lane available)</small>		Swim Team							
7AM															6-7:30AM		6-7:30AM		6-7:30AM		6-7:30AM				Swim Team			
8AM																Water Ex				Water Ex				Water Ex		7-9AM		
9AM																8:30-11AM		Water Ex		8:30-11AM		Water Ex		8:30-11AM				
10AM																												
11AM																										Masters Swim		
12PM																			Homeschool <small>(2 lanes available)</small>	Homeschool <small>(2 lanes available)</small>								
1PM																												
2PM																											Special Olympics <small>(1 lane available)</small>	
3PM																												
4PM															Swim Team <small>4-8:30PM</small>		Swim Team	Swim Team <small>4-5:30PM</small>	Swim Team <small>4-8:30PM</small>	Swim Team	Swim Team <small>4-8PM</small>	Swim Team <small>4-5:30PM</small>	Swim Team <small>4-6:30PM</small>					
5PM																												
6PM																												
7PM																												
8PM																												
9PM																												

The Vortex, Beach Front, Slides and Lane Reservations are open/available during the gray areas.

Lap Lane Reservations are recommended and made on the YCLT+ app.  
All cool pool lanes are shared, while the warm pool has a single lane option.

**Adult Supervision:**

- Children 0-5 years must be accompanied by an adult within arm's reach at all times
- Children 5-9 must have active adult supervision on the pool deck at all times
- Youth 10-12 may use pools without a designated adult if they are a green band swimmer

**Severe Weather:** In the event that lightning or thunder is present in our area, the Y requires immediate closure of all pools. Pools will remain closed until 30 minutes past the last visible lightning strike or sound of thunder.