



2019
LAKE NORMAN
YMCA
SUMMER
DAY CAMP
PARENT GUIDE

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About The Lake Norman YMCA

We build strong kids, strong families and strong communities.

As one of the few waterside YMCA facilities in the country, and only in the Charlotte area, the Lake Norman YMCA provides a unique camping experience. Campers are exposed to a diverse range of outdoor and water activities that allow them to explore nature, find new talents, and try new activities. Specialized add-on activities and camps like gymnastics, sports, performing arts, and field trips are also available. This enables your child to gain independence and make lasting friendships and memories all while having FUN!

For a complete list of camps, camp guides and add-ons for each age group; please visit the Lake Norman YMCA membership desk or ymcacharlotte.org/lakenorman/camp

OUR MISSION

To put Christian principles into practice through programs that builds a healthy spirit, mind and body for all.

OUR VALUES (Our Character Traits)

Caring, Honesty, Respect, Responsibility, Faith

OUR FOCUS

For Youth Development: Nurturing the potential of every child and teen.

For Healthy Living: Improving the nation's health and well-being.

For Social Responsibility: Giving back and providing support to our neighbors.

PURPOSE AND GOAL

As an aspect of our organization's focus, Youth Development, we strive to help campers learn and grow through carefully planned, Christian and mission-focused curriculum that teaches the following four pillars:

1. Healthy choices
2. Building relationships
3. Skill development
4. Servant leadership

Through this we will achieve our goal to provide a safe, wholesome Christian environment so that your child may achieve their greatest God-given potential.

DIVERSITY AND INCLUSION

The YMCA of Greater Charlotte recognizes that individuals, families and communities are diverse. The YMCA values and respects this diversity and chooses to be inclusive through its acceptance of all individuals regardless of race, age, gender, religion, ability or cultural identity. The YMCA, while not adhering to any doctrine or dogma, is committed to Christian principles. This includes asserting that all individuals, without exception, are intrinsically valuable.

CAMP JARGON AND COUNSELOR NAMES

Throughout your campers' experience, he/she will refer to certain terms known only throughout the YMCA Day Camp. Below is a list of terms we use and a brief definition.

Camp Session- Day camp is broken up into weeks, which we refer to as a session. Each session is numbered, starting with A and ending with 11.

Tracks- Day camp is comprised of multiple “mini” camps focusing on a specific area (Sports, sailing, Theme, Drama, etc). Those “mini” camps are then divided into smaller groups called tracks to allow your camper to have the best camp experience possible to offer.

Counselor Names- This is one of the many fun and unique ways our counselors have to connect with each camper. These names are either chosen by the counselor or given to him/her by their co-workers.

CAMP STAFF

What’s the key ingredient to a great camp? Great staff! We start by hiring counselors with excellent character, strong values, enthusiasm and working with kids. Before camp starts, we add to their skills with more than 30 hours of instruction in training such as child development and conflict resolution. We recruit our Day Camp staff through local churches, leadership organizations, local high schools and college students.

All camp staff are trained in: CPR & First Aid

Child Abuse Prevention

Working with Children

Due to our policy on Child Protection, our camp staff are not allowed to babysit for participants they meet in the program.

Communication is a key component of staff responsibilities. We are committed to addressing parents’ questions and needs as timely as possible. Camp Directors and counselors are interacting with your camper and may only receive messages once per day. To speak with day camp staff, please contact our program office. Be sure to let us know of any issues, news and successes your child may be experiencing. Also please make sure we have your correct email so you receive camp news and updates. lakenormanyouth@ymcacharlotte.org or 704-716-4418

CAMP LEADERS

Directors/Coordinators:

Honora Ruggiero
Michelle Jackson
Chad Macy
Amber Roland
Sarah Murray
Clay Staub
Teresa Bostic

Director of Operations
Early Childhood Director
Sports Coordinator
Gymnastics Team Coordinator
Regional Aquatics Director
Aquatics Coordinator
Swim Lesson Manager

honora.ruggiero@ymcacharlotte.org
michelle.jackson@ymcacharlotte.org
chad.macy@ymcacharlotte.org
amber.roland@ymcacharlotte.org
sarah.murray@ymcacharlotte.org
randall.staub@ymcacharlotte.org
teresa.bostic@ymcacharlotte.org

Administrative Topics

REGISTRATION

Welcome, we are happy you have decided to send your child to the YMCA Day Camp. Before your child can start enjoying this wonderful, enriching program, please register online at www.ymcacharlotte.org/lakenorman or stop by the Sales & Service Center. Bring the completed form, updated immunization records and either payment in full or \$10 for each session per child registering. Deposits are applied to the camp balance. Registration opens February 1st for YMCA members in the conference room and February 15th for Program participants.

Camp bags, Camp T-shirts and plastic diaper covers are available for purchase at the membership desk for a nominal fee. Be sure to get your camper his/her official camp gear today!

PAYMENT DUE DATES

See camp guides for pricing and details. Any balance due after registration must be paid as follows:

Camp Dates	Balance Due In Full
May 27 – Jun 7	May 1, 2019
June 10 – 21	May 15, 2019
June 24 – July 5	June 1, 2019
July 8 – July 19	June 15, 2019
July 22 – Aug 2	July 1, 2019
Aug 5 – Aug 15	July 15, 2019
Aug 19 – Aug 30	August 1, 2019

My Y Pricing

My Y Pricing is a simple, easy-to-understand pricing model that applies the appropriate membership rate based on the number of people in your household who choose to be members and your annual household income.

In order to adjust your rate, you must present a current tax return to verify household income at the time you join and again every two years. Accepted documents for income verification include the 1040, 1040A and 1040 EZ. A staff member will review line 22 of your 1040 and line 4 of your 1040 EZ.

INSURANCE

The YMCA of Greater Charlotte provides liability insurance on all programs. It is the program participant's responsibility to provide his/her own accident insurance coverage. Parents should include their personal health insurance information on the child's health form. This information will only be used to facilitate medical treatment if required. Parents are responsible for prescriptions and charges incurred for outside medical treatment of their child if such services are required while in attendance at the YMCA Day Camp.

MEDICATION POLICY

The Lake Norman YMCA prefers that all medications be administered at home before camp. However, if medications are absolutely required, please be sure to notify the Day Camp Program Office. A complete and signed medication release form must accompany all prescription medications. Medication release forms can be downloaded off the website. Prescription medications must be in the original, prescribed container that identifies the prescribing physician, name of medication, dosage amount and when it should be administered. Place the medication and medication release form in a Ziploc bag with the child's name and family number clearly written on the bag and provide written clearance if you would like staff to administer medication to camper. All medications must be checked in with the Day Camp Program Office. Please do not allow campers to bring to camp themselves or hand to someone during the rides in process. No medications, including over the counter items such as vitamins, creams, lotions, aspirins, allergy medication or liquid medications will be distributed.



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Medication Release Form

Child's Full Name: _____ DOB: _____ Grade: _____

Emergency Contact Name: _____ Phone: _____

For the safety of all the children participating in this Lake Norman YMCA program, the following guidelines regarding medication will be strictly enforced.

- 1) Only allergy medication and prescribed medication are allowed on the premise.
- 2) All medication must be stored with the completed Medication Release Form and must remain in its original container.
- 3) Prescription medication must have the pharmacy label attached.
- 4) Medication should arrive in a Ziploc bag with the completed Medication Release Form when dropping off the child.
- 5) It is the responsibility to indicate if you wish for the medication to be stored in a pre-designated area, set by the program director for the length of the program or returned at pick up.
- 6) No medication is allowed in any bags carried by a child. This includes but is not limited to; lunch boxes, purses, book bags, gym bags, etc.
- 7) Epi-pens will be handled by staff and must remain in a locked box or with a program staff assigned to your child.
- 8) If you have any questions, please contact your program director.

Medication Name (as written on prescription):

1) _____ 2) _____

Dosage Amount: _____ Dosage Amount: _____

Time Administered: _____ Time Administered: _____

Reason for the medication: _____
Reason for the medication: _____

Medicine Instructions: Please indicate any special storage requirements, allergy symptoms and any side effect(s) of which our staff should be aware.

PARENTAL CONSENT AND WAIVER

I hereby give my permission for my child _____ participating in a Lake Norman YMCA program to take the above prescribed medication as indicated.

Notice: No prescription medication may be used or possessed at the Lake Norman YMCA unless the Lake Norman YMCA receives this completed form. All medicine brought into the Lake Norman YMCA must be kept by the program staff authorized and must be in the original container, appropriately labeled by the pharmacy or physician.

WAIVER OF LIABILITY

I understand that (the Lake Norman YMCA) will administer only the prescribed medication mentioned above. I hereby waive any and all claims against the organization, and agree to hold the Lake Norman YMCA harmless from any and all liability, which may arise in connection with my child's use of the medication.

Parent or Guardian's Signature _____ Date: _____

Operating Procedures

DISCIPLINE

The philosophy of our programs is based on the golden rule with respect shown for all participants. Good manners and personal empathy are traits we will foster. We work with children on an individual basis. Rules, expectations and consequences are clearly communicated to campers at the beginning of camp. Encouraging good behavior helps discourage unacceptable behavior. Therefore, using this principle of positive reinforcement, each child will be praised for good work and made to feel important and successful. Negative behavior will be confronted and redirected towards positive behavior. **Under no circumstance will physical attacks be allowed at camp. Campers who physically harm staff or other campers will be dismissed from camp immediately.**

If a discipline problem arises:

1. The camper is spoken to by the counselor separate from the group to discuss the concerns. They will then be given an opportunity to go back to the group and participate in activities.
2. If the behavior continues, the camper is redirected to another activity.
3. If the discussion and redirection has not helped, the child is then sent to the camp office.
4. The Camp Director or other leadership staff will meet with the camper to discuss the behavior concerns. The parents/guardians will be notified and the behavior is documented.
5. The Camp Director will determine if the camper will be dismissed from camp for that day.
6. If a camper is sent home from camp three times, the child may be dismissed from the program permanently.

Parents may be assured of the following:

- Food will never be withheld as a means of discipline.
- Children will never be disciplined for toileting accidents.
- Physical discipline (shaking, spanking, slapping) will never be used.

PHOTO ID PROTECTION & CHILD CARE APP

At the Lake Norman YMCA your child's safety is a top priority! To further protect your child, we will request a photo id from any person picking up a child within all of our childcare facilities. It is the parent/guardian's responsibilities to inform us who is authorized to pick your child up and to inform those individuals authorized to pick up your child from camp that they will need to show ID. Lake Norman YMCA reserves the right to deny custody to all persons who do not show ID, are not on the list of persons authorized for pick-up, does not have a properly-secured child passenger restraint device and/or appears to be intoxicated. We also utilize an check out application that saves camper and parent photos. Parents should stop by the membership desk to

PARENTS VISITATION

You are always welcome at camp and we encourage you to visit and talk with our staff about our programs. However, when visiting you must check in at the program office, show them your photo ID and get a visitors badge. No one is allowed to walk around the campgrounds with out checking in with the program office and receiving a visitor's badge.

CAR SAFETY

All children must be buckled up when leaving day camp. Children under eight years old and weigh less than 80 pounds must be in a properly-secured child passenger restraint device (CRD) that meets federal standards and is appropriate for the child's weight and height. This device must be in the back seat of the car.

The safety of your child is paramount. Your child will not be placed in a car that is not properly equipped with a child safety seat for your child. Furthermore, your child will not be released to or placed in a vehicle with anyone that a YMCA staff member suspects is under the influence drugs or alcohol.

EARLY AND LATE PICK UP

Anytime before scheduled pick up time is considered early pick up. You may walk into the program office at anytime to pick up your camper. Please remember that it may take up to 30 minutes for us to sign them out and retrieve your child for you. We appreciate your patience in this matter. If a parent emails or calls at least four hours prior to early pick-up, then the staff will have the child waiting in the program office. If child is on a field trip or out on a boat, then we will be unable to retrieve your child until the bus or boat returns - **NO EXCEPTIONS.**

We will grant a five-minute grace period for late pick-ups. After the grace period, a \$1.00 per minute toll is assessed and payment is expected upon your arrival. If a parent continues to be late, the fee will increase and a meeting will be scheduled with a director.

PARENT INTOXICATION

At times, we are called to make decisions concerning camper safety. If a YMCA staff member has reason to believe that a parent is under the influence of drugs or alcohol at time of pickup, then we will detain the child until an alternate plan of transportation can be arranged for the parent and child. We will first attempt to contact another family member or spouse. If unavailable, we will then attempt to reach an emergency contact. If those means are unsuccessful, a cab will be called at the parent's expense. If the parent who is suspected to be under the influence is unruly, uncooperative or violent, then the police will be immediately contacted.

CUSTODY ISSUES

In cases of separated or divorced parents where visitation rights are denied to one parent, we cannot deny releasing the child to such parent unless a court decree or separation document is filed with our program office expressly forbidding such parent from picking up the child from our program or at times not allowed by the court decree. The court decree must also be specific to the rights of visitation on the YMCA/Camp property during camp hours. The court document must specify in writing that visitation is permitted by the non-custodial parent. Otherwise, visitation WILL NOT BE PERMITTED.

Rides In/ Rides Out Procedures

Camp Rides-In and Rides-Out procedures will require some time and patience to master. Please be understanding during the first few weeks of camp as the campers adjust and you as parents figure out the routine.

We realize that our drop off system may be a new experience for you and your camper and we understand that you and they may feel excited or scared. Our system has been a success for over twelve years and we are confident that your children will soon be comfortable with this process.

RIDES-IN

Arrival is a very busy time of the day and we require that the counselors have their full attention on the children. It is imperative that we keep the line moving, if you have questions at arrival, please call, visit or email the program office. In addition, please remember that Mondays are the busiest day of the week. To better serve you, send in questions prior to camp. This will save you time and prevent you from waiting. A staff member will reply as quickly as possible.

Rides In Schedule:

- Drop-off for School age campers Begins as early as 7:00 AM
- Preschool Begins no earlier than 8:15 AM

Early care is from 7:00AM until 9:00AM. (No Additional Charge)

Rides-In ENDS PROMPTLY AT 9:00 AM, If you arrive after this time, please walk your camper to the Late Arrival sign in table. This table is open until 9:10 AM, after that time, check in for all campers is in the Program Office.

If you arrive after rides-in is completed, then you will need to park (**in a designated parking space**) and walk your camper to the program office to sign in. This is done as a safety precaution to ensure that we have accurate attendance. Do not send your child to sign themselves in to camp. Children can only enter camp if a staff person takes them out of the car or you walk them into the program office.

DIRECTIONS

Rides- In and Rides- Out: For drop off and pick up please do so on the left side of the building. Stay on the left and follow the road to make a u-turn, dropping off or picking up once you reach the door. Have the orange car tag visibly hanging in the front window. If you don't already have the orange car tag, we will provide you one at Rides- In.

PARKING

For safety, we prefer that you do not choose this option due to the added confusion and congestion it creates to an already busy time. If you must walk your camper in, please help us keep all campers safe and follow these instructions:

Preschool

Rides In is preferred. However, if you choose to walk in, you may drop off your camper at the door of the classrooms. Parents **are not allowed** inside the classrooms during rides-in or rides-out. A quick, yet confident, good-bye is the best way to send off a nervous camper.

School Age (Rising K-5 grade) / Teens

Parents may walk campers to the check in area, just beyond the stop sign, to drop off campers. Counselors will show the campers where to put their stuff and where to go. We expect the children to be independent, during rides-in or rides-out parents **are not allowed** past the desk area. A quick, yet confident, goodbye is the best way to send off a nervous camper.

RIDES OUT

All parents must pick up their campers at the time that they registered for pick up. Register release times are: 12:30 PM | 3:00 PM | 4:30 PM | 6:00 PM

- Rides out will start 30 minutes prior to release times.
- For the safety of the campers, we require that they be picked up through the car line.
- If parents are walking to the YMCA to pick up their child, follow the early pick up procedures.
- Parents must hang the car tag with family name and # from rear view mirror for staff to see and check your photo ID.
- For the safety of your camper and our staff, campers will enter from the right side of the vehicle. Staff will open and close the right rear door for your camper.
- For your safety, please do not exit the vehicles.
- Please do not pass cars ahead of you at anytime; once the campers in front of you are safely in their car, that car will pull forward.

PLEASE DO NOT WALK UP TO SIGN YOUR CHILD OUT. FOR THE SAFETY OF ALL CAMPERS IN THE PROGRAM, STAFF'S ATTENTION WILL BE ON PROVIDING A SAFE AND SECURE RIDES OUT. THE PROGRAM OFFICE WILL NOT BE AVAILABLE TO ASSIST WITH ANY QUESTIONS VIA PHONE OR WALK-INS DURING THE RIDES OUT PROCESS. PLEASE E-MAIL THE OFFICE AND SOMEONE WILL GET RIGHT BACK WITH YOU ONCE WE ARE DONE WITH RELEASING ALL CAMPERS DURING THEIR SPECIFIC RIDES OUT.

Parent Expectations

Please contact the Day Camp Program Office with any questions, comments or concerns at:

704-716-4418

lakenormanyouth@ymcacharlotte.org

FAMILY INVOLVEMENT

We will host special events for families after normal camp hours and encourage you to participate. This is a great way for you to experience a little of the fun your camper gets every day while meeting other camp parents. We will send more information via email and post on the Day Camp page of our branch website.

KEEPING US INFORMED

Please let us know if your camper is experiencing any issues at home that may affect his/her experience. Examples include death of a pet, parent divorce/separation, death in the family, fight with sibling, changes in health, etc. Staying aware of these issues will help us ensure that we are prepared to meet your camper's needs.

LOST ITEMS

Please label **everything** that your camper brings to camp with their name & family number on all items. We will make special efforts to return lost and found items to campers. Unlabeled and unclaimed items are stored for two weeks then donated to charity.

SWIM AND GYMNASTICS TEAM

Children can sign up to go swimming and or participate in gymnastics team only if their parents email the camp office at least four hours prior to request (including schedule of days and times). Staff will escort campers to and from the activity, unless it ends after camp hours.

EXTRA ACTIVITIES

Once children are dropped off at camp, we will not transfer them to another program (swim or gymnastics lessons). Parents may sign out their children early and take them to the class themselves.

Daily Schedule

Counselors are with campers all day and get them to and from their daily activities. Those in a track without a pre-set schedule can contact the program office to get a schedule the Friday before each session starts.

Attendance

Parents need to call the program office, (704) 716-4418, if their child is going to be out more than one day. If we do not receive a call, the office will contact parents to check the status of the child.

ASSEMBLIES

During summer camp we start our day with an energetic, faith and fun-filled assembly for our campers. The assemblies are theme related and involve camp chants, morning devotion, singing, dancing and music.

CLOTHING

It's hot! Make sure your camper is dressed in lightweight, light-colored clothing and closed toed shoes are a must; crocs are recommended. Hat and /or sunglasses are allowed but it is the camper's responsibility to keep track of them.

DO NOT allow them to wear long pants, dark colored shirts, halter tops, jeans, expensive clothing or flip-flops. Campers arriving in flip-flops will have to go to the program office until a parent or guardian can bring a pair of closed toed shoes.

Mark ALL ITEMS with camper's name & family number.

WHAT TO BRING TO CAMP

Camper's days are filled with fun activities all over the YMCA campus and will have to walk A LOT, carrying their personal belongings! We suggest that campers bring as little as possible to avoid anything special being lost. Each camper should arrive with

- Lunch and Snacks- Packed in durable cooler with a frozen water or ice pack
- A hot lunch option is provided by Mama's Pizza Express and Subway. Weekly menus and ordering are available through this link <https://mamaskitchen.ahotlunch.com/Login> Campus Code:193
- Swimsuit, clearly labeled- If campers are scheduled for water activities first, we suggest that they wear their suits rather than changing as soon as they get here.
- **Large water bottle- THIS IS A MUST WITH THE SUMMER HEAT!**
- Sunscreen- We expect everyone to have sun block on all body parts prior to coming to camp, regardless of what track they are in. Please make this a part of the morning routine. Day Camp Counselors will take sun block breaks during the day, as many times as necessary. Camp staff are not allowed to apply sunscreen lotion to any camper, however, they will ensure they are applying correctly and/or assist if they have spray sunscreen. Please pack sunscreen in a 'Ziploc bag' and store it in your child's backpack.
- Diaper/swim diapers (for Preschoolers) – If your preschooler is not potty trained, please supply 2 diapers, 1 swim diaper, wipes AND a plastic swim cover to go over the swim diaper. These are available at the Membership desk, any community pool, Target, or Wal-Mart. Swim suits alone do not have the proper protection needed to keep the pool clean.
- Towel (optional) - On hot days, children dry quickly and do not always use them.

Sports supplies: We have a supply of tennis rackets, baseball gloves, soccer balls, etc. If campers wish to bring their own, be sure to label them and check that they remember to bring them home each night. Soccer Shin guards are mandatory in order to participate in the soccer camps.

WHAT NOT TO BRING TO CAMP

We may ask your campers to bring specific toys/props for use in the program. It is very easy for something to be lost or damaged that is precious to your camper. Unless your child is specifically asked to do so, we ask for your help in making sure they refrain from bringing any of the following items to camp:

Money	Alcohol	Drugs	Vehicles	Animals	Weapons	Toys
Valuables	Cell Phones	Walkmans	MP3 players	iPods	Novelty Items	Balls
Electronic games (including Game boys, Play Stations, Nintendo DS, etc.)					Other electronics	

Special Situations

Please inform the program office with any other health-related issues that may affect your child's camp experience.

EMERGENCIES

Our camp staff will treat routine cuts, scrapes, and bumps. In the case of serious illness or an accident involving your camper, we will contact you. In the event that you cannot be reached, your signed authorization on your child's health form allows us to secure prompt treatment. Be aware that in the case of a life-threatening emergency, we will call 911 first.

ILLNESS

The Lake Norman YMCA staff cannot care for sick campers. Parents will be called to pick up sick campers. Please do not bring children to camp that show signs of illness. If parents can't be reached, the emergency contact listed on the registration form will be contacted to pickup the child.

If a camper shows no overt signs of illness, but complains of illness or seems uncomfortable and cannot participate in camp activities, the parent or emergency contact will be contacted to pickup the child.

WEATHER- INCLEMENT, SEVERE and TRANSPORTATION PROCEDURES

During severe weather such as thunder storms or tornado warnings we will immediately take cover. Also, campers will not be on boats, in the lake or in the pool if thunder or lightning occurs however, camp will resume as normal for rainy days.

The camp director and branch will stay alert for weather advisories issued over the radio. Counselors are trained to handle severe weather conditions such as storms, tornadoes and heat conditions. During heat advisories, campers continue activities at a slower pace. During ozone alerts of orange or red camp groups will follow an indoor schedule, unless it they are scheduled for a water activity. We adjust group schedules so that campers are not participating in field sports during the hottest part of the day.

In the interest of the safety of the children in our day camp programs, the YMCA of Greater Charlotte recently reevaluated our transportation guidelines concerning early school/camp dismissal due to inclement weather. ***It is the decision of the YMCA of Greater Charlotte to not operate its vehicles on these days.*** This new policy went into effect January 1, 2004. While we understand this may cause some inconvenience for some families, we feel it is in the overall best interest of the children and the staff to operate in this way.

LIFEGUARDS

Lifeguards are YMCA of the USA Lifeguard certified and are on duty at the lake and pools at all times. As with all YMCA staff our lifeguards are trained and certified in first aid, CPR-PR, AED and oxygen. All powerboat drivers are US Coast Guard trained and a spotter present on all powerboats.

SWIM BAND LEVELS

Swim bands are distributed to each camper every day prior to swimming. They are collected by counselors at the end of the rotation and given to the lifeguard in the office. All three and four year olds must wear a lifejacket.

Green Band = Allowed to swim without a lifejacket and in all areas of the pool.

Yellow Band = Allowed to swim without a lifejacket and in only the shallow areas of the pool and will not be allowed to pass the rope that divides the shallow end from the deep end.

Red Band = A Camper who either doesn't want to test or did not pass the shallow swim test will wear a red band **and a** lifejacket and must stay in the shallow end.

POOL SWIM TESTS

Before swimming (at any pool in the YMCA community) and prior to the campers changing into swimsuits the lead lifeguard will review rules of the pool. All campers who want to swim without a lifejacket must take a swim test. Swim test will be administered on Mondays to all campers who wish to be tested.

Deep water- A camper must swim 25 yards without stopping and tread water for 30 seconds in order to pass the deep-water swim test and earn a green swim band.

Shallow water- A camper must swim across the pool (15 yards) without stopping in order to pass the shallow water swim test and earn a yellow swim band.

WATER SAFETY

All campers on the lake must wear personal flotation devices (lifejacket) and will attend a water safety orientation that is taught each Monday. This includes in the water, on the docks, or in boats. Lifejackets are supplied by the YMCA. Children in the water ski and wakeboard tracks may bring their own. All lifejackets (YMCA and Campers) are tested by a lifeguard prior to entering the water.

WATERSKIING, WAKEBOARDING & KNEE BOARDING

Once the boat has departed, we will not retrieve any campers during that three-hour block of time for any reason. Children are not retrieved from a powerboat for early pick-up, please email or contact the camp office at least four hours prior to pick up. We will have your child waiting for you however; early pick-up may result in missing that activity completely on that day.

WHITE BOARD

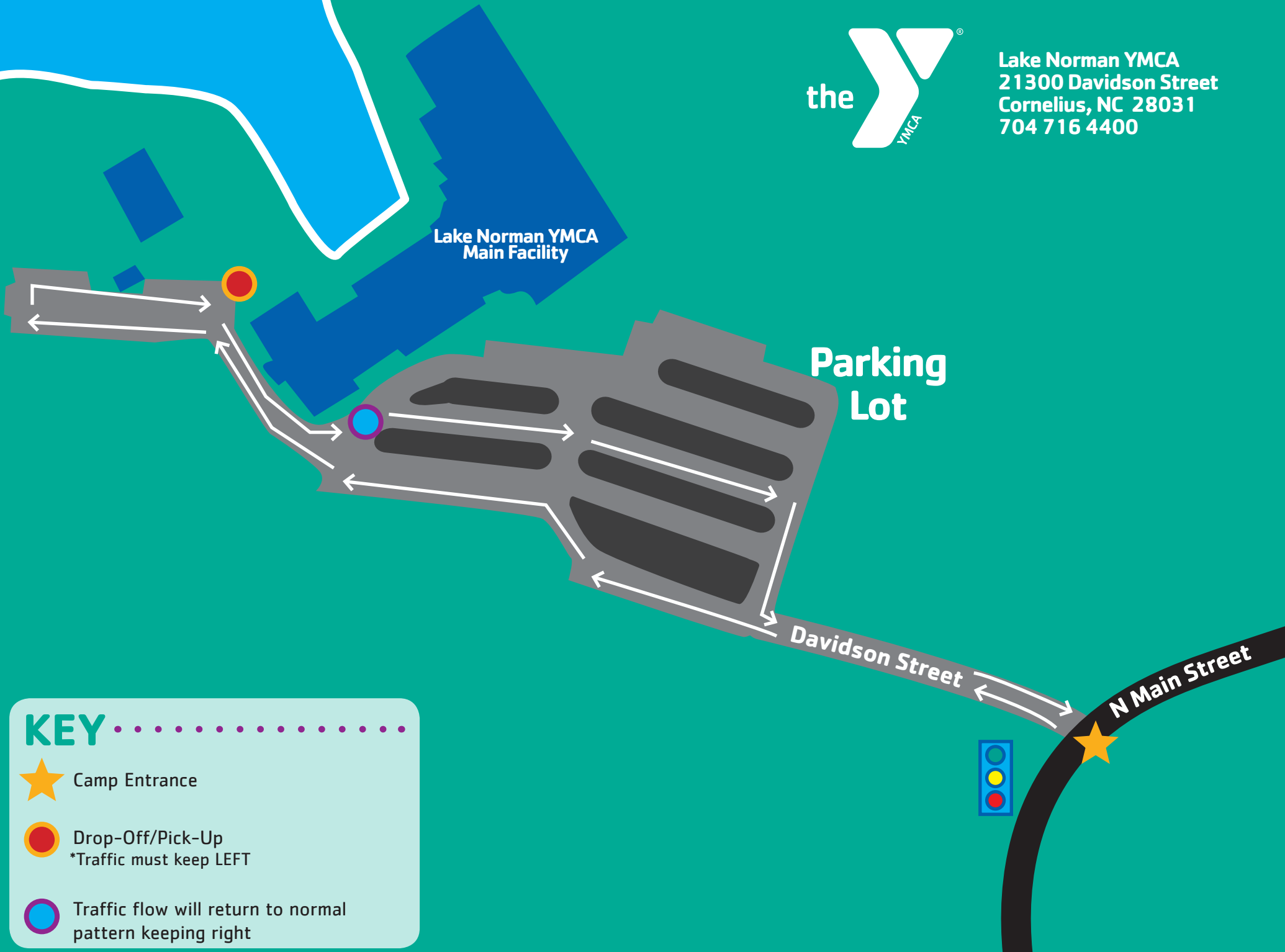
Counselor or lifeguard will write on the white board every camper in their track at their particular activity. At the end of the rotation, the lifeguard blows his/her whistle for the campers to exit the lake. The campers exit the lake and the counselor are responsible for removing the campers name from the board. The counselors refer to their attendance sheets to assure everyone is accounted for.

BUDDY SYSTEM (LAKE)



Each camper is assigned a buddy and must be within arms reach of each other whenever possible while in the lake. Every fifteen minutes the whistle will blow for a buddy check. At that time, the campers must raise their buddies' arms in the air. Arms are to be kept in the air until the lifeguard signals the end of the buddy check.




Lake Norman YMCA
21300 Davidson Street
Cornelius, NC 28031
704 716 4400



KEY

-  Camp Entrance
-  Drop-Off/Pick-Up
*Traffic must keep LEFT

 Traffic flow will return to normal pattern keeping right