

# POOL SCHEDULE

March 5<sup>th</sup> – April 8<sup>th</sup>



Warm Pool													
Time:		Monday	Tuesday	Wednesday	Thursday	Friday	Time:		Saturday	Sunday			
6 AM	8:30 AM	Open	Open	Open	Open	Open							
8:30 AM	9:30 AM	Open: 2-3 lanes reserved for Group Exercise	Open	Open	Open: 2-3 lanes reserved for Group Exercise	Open: 2-3 lanes reserved for Group Exercise					8 AM	9 AM	Closed: Group Ex & Swim Lessons
9:45 AM	10:45 AM	Open	Open	Open	Open	Open					9 AM	12 PM	Open: 2-3 lanes reserved for Swim Lessons
11 AM	12 PM	Open	Open	Open	Open	Open					12 PM	1 PM	Open: 2-3 lanes reserved for Swim Lessons
12:15 PM	1:15 PM	Open	Open	Open	Open	Open					1 PM	3:30 PM	Open: 2-3 lanes reserved for Swim Lessons
1:30 PM	2:30 PM	Open	Open	Open	Open	Open					3:30 PM	5 PM	
2:45 PM	3:45 PM	Open	Open	Open	Open	Open							
4 PM	5 PM	Open	Open	Open	Open	Open							
5 PM	6 PM	Open	Open	Open	Open	Open							
6 PM	8 PM	Open	Open	Open	Open	Open till 7:30pm							
8 PM	9 PM	Open	Open	Open	Open								

**Peak Times:** (M-F) 5am-8:30am, 12:30pm-1:30pm, & 5pm-7pm  
 (SAT) 8am-1pm (SUN) 12pm-3pm  
 (Open lanes during peak times are limited – Reservations Required)

**Pool Breaks:**  
 (M-F) 9:30AM-9:45AM, 10:45AM-11AM, 12PM-12:15PM, 1:15PM-1:30PM, 2:30PM-2:45PM, & 3:45PM-4PM  
 Pool Breaks are required for lifeguard compliance. Reservations are in line with these breaks.

**Reservations Required:** and available on the YCLT+ App or on our website ([ymcacharlotte.org](http://ymcacharlotte.org)).  
 All cool pool reservations are shared lanes, while the warm pool has a single lane option. Please note that if specific time blocks are not reservable online then it will be in line with our staffing ratios.